

Mt. Carmel Lutheran Church

Celebrating God's grace through worship, learning and service.



October 19, 2025

Pastor: Rev. Laura O'Brien
1701 Fredericks Street
San Luis Obispo, CA 93405
www.mtcarmelslo.org

GATHER

Prelude

Paul Woodring, organist

Announcements & Good News Minute

Confession and Forgiveness

Blessed be the holy Trinity, ☩ one God,
our maker, our helper, and our keeper.

Amen.

Trusting in God's mercy, let us confess our sin
in the presence of God and of one another.

Silence is kept for reflection.

Merciful and loving God,

we are your stiff-necked people.

We trample on the needy.

We grumble about your grace to others.

We turn away from the poor.

Have mercy on us and forgive our sins.

**Rejoice over us as ones who were lost
and have been found.**

Amen.

Even when we are faithless, God remains faithful.

Jesus Christ came into the world to save sinners.

You who were lost have been found.

In the name of ☩ Jesus, your sins are forgiven!

Amen.



- 1 Rise up, O saints of God! From vain am - bi - tions turn;
- 2 Speak out, O saints of God! De - spair en - gulfs earth's frame;
- 3 Rise up, O saints of God! The king-dom's task em - brace;
- 4 Give heed, O saints of God! Cre - a - tion cries in pain;
- 5 Com - mit your hearts to seek the paths which Christ has trod;



Christ rose tri - um-phant that your hearts with no - bler zeal might burn.
as heirs of God's bap - tis - mal grace, the word of hope pro - claim.
re - dress sin's cru - el con - se-quence; give jus - tice larg - er place.
stretch forth your hand of heal-ing now, with love the weak sus - tain.
and, quick-ened by the Spir-it's pow'r, rise up, O saints of God!

Text: Norman O. Forness, b. 1936

Music: FESTAL SONG, William H. Walter, 1825–1893

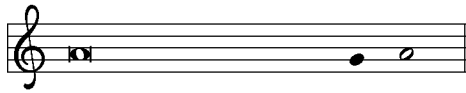
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Greeting

The grace of our Lord, Jesus Christ, the love of God
and the communion of the Holy Spirit, be with you all. **And also with you.**

Kyrie



In peace, let us pray to the Lord.



Lord, have mer - cy.



For the peace from a-bove, and for our sal - vation, let us pray to the Lord.



Lord, have mer - cy.



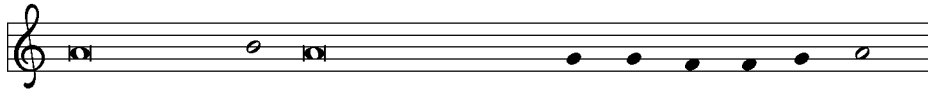
For the peace of the whole world, for the well-being of the church of God,



and for the unity of all, let us pray to the Lord.



Lord, have mer - cy.



For this holy house, and for all who offer here their wor-ship and praise,



let us pray to the Lord.

Lord have mer - cy.



Help, save, comfort, and de-fend us, gra-cious Lord. A - men.

Hymn of Praise

“This is the Feast”

Refrain
Assisting minister



This is the feast of vic-to-ry for our God. Al-le - lu - ia.

All



1 Wor- thy is Christ, the Lamb who was slain, whose blood set us



free to be peo-ple of God. Pow - er and rich - es and wis - dom and



strength, and hon - or and bless-ing and glo - ry are his.

Refrain



This is the feast of vic-to-ry for our God. Al-le - lu - ia.



2 Sing with all the peo - ple of God and join in the



hymn of all cre - a - tion: Bless-ing and hon - or and glo - ry and



might be to God and the Lamb for - ev - er. A - men.

Final refrain



This is the feast of vic-to-ry for our God, for the Lamb who was slain



has be - gun his reign. Al - le - lu - ia. Al - le - lu - ia.

Prayer of the Day

O Lord God, tireless guardian of your people, you are always ready to hear our cries. Teach us to rely day and night on your care. Inspire us to seek your enduring justice for all this suffering world, through Jesus Christ, our Savior and Lord. Amen.

Children's Time

Deanna Schultze

WORD

First Reading: Genesis 32:22-31

Returning to the home he had fled many years before after stealing his brother's birthright and his father's blessing, Jacob wrestles all night long with a divine adversary who ultimately blesses him and changes his name to "Israel," a name that means "he wrestles with God."

²² The same night [Jacob] got up and took his two wives, his two maids, and his eleven children and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone, and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket, and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." ²⁷ So he said to him, "What is your name?" And he said, "Jacob." ²⁸ Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans and have prevailed." ²⁹ Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, "For I have seen God face to face, yet my life is preserved." ³¹ The sun rose upon him as he passed Penuel, limping because of his hip.

Word of God. Word of Life. **Thanks be to God**

Psalm: 121

My help comes from the LORD, the maker of heaven and earth. (Ps. 121:2)

¹ I lift up my eyes to the hills; from where is my help to come?

² **My help comes from the LORD, the maker of heaven and earth.**

³ The LORD will not let your foot be moved nor will the one who watches over you fall asleep.

⁴ **Behold, the keeper of Israel will neither slumber nor sleep;**

⁵ the LORD watches over you; the LORD is your shade at your right hand;

⁶ **the sun will not strike you by day, nor the moon by night.**

⁷ The LORD will preserve you from all evil and will keep your life.

⁸ **The LORD will watch over your going out and your coming in, from this time forth forevermore.**

Second Reading: 2 Timothy 3:14—4:5

The writer of this letter continues his instruction of Timothy, his younger colleague in ministry, by emphasizing the importance of faithful teaching despite opposition.

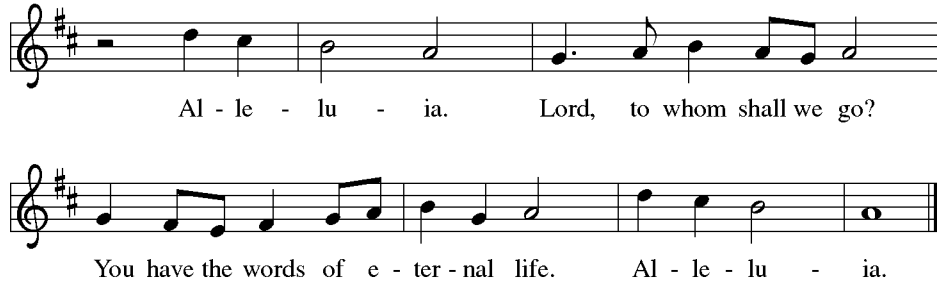
¹⁴ But as for you, continue in what you have learned and firmly believed, knowing from whom you learned it ¹⁵ and how from childhood you have known sacred writings that are able to instruct you for salvation through faith in Christ Jesus.

¹⁶ All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, ¹⁷ so that the person of God may be proficient, equipped for every good work.

^{4:1} In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: ² proclaim the message; be persistent whether the time is favorable or unfavorable; convince, rebuke, and encourage with the utmost patience in teaching. ³ For the time is coming when people will not put up with sound teaching, but, having their ears tickled, they will accumulate for themselves teachers to suit their own desires ⁴ and will turn away from listening to the truth and wander away to myths. ⁵ As for you, be sober in everything, endure suffering, do the work of an evangelist, carry out your ministry fully.

Word of God. Word of Life. **Thanks be to God.**

Gospel Acclamation



Holy Gospel: Luke 18:1-8

Glory to you, O Lord

Jesus tells a parable of an unjust judge who is worn down by a widow's pleas. Jesus is calling God's people to cry out for justice and deliverance. For if an unethical judge will ultimately grant the plea of a persistent widow, how much more will God respond to those who call.

¹ Then Jesus told them a parable about their need to pray always and not to lose heart. ² He said, "In a certain city there was a judge who neither feared God nor had respect for people. ³ In that city there was a widow who kept coming to him and saying, 'Grant me justice against my accuser.' ⁴ For a while he refused, but later he said to himself, 'Though I have no fear of God and no respect for anyone, ⁵ yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.' " ⁶ And the Lord said, "Listen to what the unjust judge says. ⁷ And will not God grant justice to his

chosen ones who cry to him day and night? Will he delay long in helping them?
8 I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?"

Praise to You, O Christ

Sermon

Pastor Laura O'Brien

Song of the Day

"Give Us Clean Hands"

Affirmation of Faith: The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

VERSE

♩ = 75 $A\flat$ $E\flat$ $A\flat/C$ $D\flat$

We bow our hearts, we bend our knees; Oh Spir - it, come make us hum -

$A\flat$ $D\flat/E\flat$ $A\flat$ $E\flat$ $A\flat/C$ $D\flat$

ble. We turn our eyes from e - vil things; Oh Lord, we cast down our i -

CHORUS

8 $A\flat$ $E\flat$ Fm $E\flat$

dols. Give us clean hands, give us pure hearts; Let us not lift our souls to an -

12 $D\flat$ $A\flat$ $E\flat$ Fm $E\flat$

oth - er. Give us clean hands, give us pure hearts; Let us not lift our souls to an -

16 $D\flat$ $A\flat$ $E\flat$

oth - er. And oh God, let us be a gen - er - a - tion that seeks, that seeks Your face,

19 Fm $E\flat$ $D\flat$ $A\flat$

oh God of Ja - cob; And oh God, let us be a gen - er - a - tion that seeks,

22 $E\flat$ Fm $E\flat$ $D\flat$ $A\flat$

that seeks Your face, oh God of Ja - cob. _

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who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers of Intercession

Renewed in God's everlasting grace, let us pray for the church, the world, and all creation.

A brief silence.

We pray for the church universal. O God, who unites the church across the globe, bring unity and peace to a world divided by hatred and opposition. Turn our hearts toward the gospel of Jesus Christ. God of grace,
receive our prayer.

We pray for creation. O God, who made heaven and earth, draw us to the beauty of the whole creation. Turn us toward a right relationship with the entire cosmos. God of grace,
receive our prayer.

We pray for all nations, states, cities, and towns. O God, you rule over all the earth. Grant our elected officials (*names of officials*) humility in their decision-making for the sake of the entire world. God of grace,
receive our prayer.

We pray for those who suffer in body, mind, or spirit. O God, who heals and strengthens, our help comes from you in times of need. Support, comfort, and heal those who suffer (*especially*). God of grace,
receive our prayer.

We pray for (*name of congregation*). O God, who guides this congregation, encourage us to share the good news of Jesus Christ. Nurture our relationships with the community, that we serve and advocate for those who come to us in need. God of grace,
receive our prayer.

Prayer requests: For the health of Dorothy Cunningham; Sally Reck; Beryl

*Bennett; Carolyn Voss; Dave Lonsway; Steve Bennett; Betty Johnson;
Nancy Priddy; Wolfie Vogel & family; Pat Bathke; Jeannie Ledford*

*Denny Connolly, Paul Thomas, Julia Bobkoff; Sean Cannoles (Vicky's
nephew); Dorothy Adams & family; the family of Shane White; Ingrid
Frokjer & Family*

*Prayers for our church family: Desiree, Charles, Aidan, Brennan & Brielle
Dellinger; Kevin & Wende Dong; Karen, Steve, Claire & Erica Dostal*

We offer thanksgiving for the faithful departed. O God, whose promises never
end, we thank you for all the saints who have shown us the way of your Son,
Jesus Christ (*especially*). God of grace,
receive our prayer.

We offer our prayers, O God, trusting in your everlasting grace and mercy,
through Jesus Christ our Lord.
Amen.

The Peace

Offering/Offertory

"Because of Your Love"

**As we come into Your presence
We remember every blessing
That You've poured out so freely from above
Lifting gratitude and praises
For compassion so amazing
Lord we've come to give You thanks
For all You've done**

**Because of Your love we're forgiven
Because of Your love our hearts are clean
We lift You up with songs of freedom
Forever we're changed because
of Your love**

Yeah yeah

**As we come into Your presence
We remember every blessing
That You've poured out so freely from above
Lifting gratitude and praises
For compassion so amazing
Lord we've come to give You thanks
For all You've done**

**Because of Your love we're forgiven
Because of Your love our hearts are clean
We lift You up with songs of freedom
Forever we're changed because**

of Your love
Because of Your love we're forgiven
Because of Your love our hearts are clean
We lift You up with songs of freedom
Forever we're changed because
of Your love
Yeah yeah
yeah yeah

Brenton Brown, Paul Baloche
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Prayer over the Gifts

Lord of the harvest, we return to you a portion of what you have given to us.
Turn us to set our hope not on the uncertainty of riches, but on you, who richly
provides for us. Multiply what we have gathered to bless all who are suffering
and in need, through Jesus Christ our Lord.
Amen.

MEAL

The Great Thanksgiving

The Lord be with you
And also with you.

Lift up your hearts.
We lift them up to God.

Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

Preface

It is indeed right, our duty and our joy, that we should at all times and in all places
give thanks and praise to you, almighty and merciful God, through our Savior
Jesus Christ. And so, with all the choirs of angels, with the church on earth and
the hosts of heaven, we praise your name and join their unending hymn:

Sanctus

"This Is the Gift of God"
Because of His love rich in mercy
He made us alive in Him
Saved us from death rescued the sinners
This is the gift of God

Holy is the Lamb of God

**Holy is the One who loved
Not by works but by His blood
This is the gift of God**

**Before the creation we were chosen
Adopted into His love
Glorious grace lavished upon us
This is the gift of God**

**Holy is the Lamb of God
Holy is the One who loved
Not by works but by His blood
This is the gift of God**

**Holy is the Lamb of God
Holy is the One who loved
Not by works but by His blood
This is the gift of God
This is the gift of God
This is the gift of God**

Eucharistic Prayer

Holy One, the beginning and the end, the giver of life:
Blessed are you for the birth of creation.
Blessed are you in the darkness and in the light.
Blessed are you for your promise to your people.
Blessed are you in the prophets' hopes and dreams.
Blessed are you for Mary's openness to your will.
Blessed are you for your Son Jesus,
the Word made flesh.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

With this bread and cup
we remember your Word dwelling among us,
full of grace and truth.

We remember our new birth in his death and resurrection.

We look with hope for his coming.

Come, Lord Jesus.

Holy God, we long for your Spirit.

Come among us.

Bless this meal.

May your Word take flesh in us.

Awaken your people.

Fill us with your light.

Bring the gift of peace on earth.

Come, Holy Spirit.

All praise and glory are yours,

Holy One of Israel,

Word of God incarnate,

Power of the Most High,

one God, now and forever.

Amen.

The Lord's Prayer

Our father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory. Forever and ever. Amen.

Communion Song

"From the Inside Out"

A thousand times I've failed

Still Your mercy remains

And should I stumble again

Still I'm caught in Your grace

Everlasting

Your light will shine when all else fades

Never-ending

Your glory goes beyond all fame

Your will above all else

My purpose remains

The art of losing myself

In bringing You praise

**Everlasting
Your light will shine when all else fades
Never-ending
Your glory goes beyond all fame**

**In my heart in my soul
Lord I give You control
Consume me from the inside out Lord
Let justice and praise
Become my embrace
To love You from the inside out**

**Your will above all else
My purpose remains
The art of losing myself
In bringing You praise
Everlasting
Your light will shine when all else fades
Never-ending
Your glory goes beyond all fame**

**In my heart in my soul
Lord I give You control
Consume me from the inside out Lord
Let justice and praise
Become my embrace
To love You from the inside out**

**Everlasting
Your light will shine when all else fades
Never-ending
Your glory goes beyond all fame
And the cry of my heart
Is to bring You praise
From the inside out
Lord my soul cries out**

**In my heart in my soul
Lord I give You control
Consume me from the inside out Lord
Let justice and praise
Become my embrace
To love You from the inside out**

Everlasting
Your light will shine when all else fades
Never-ending
Your glory goes beyond all fame
And the cry of my heart
Is to bring You praise

From the inside out
Lord my soul cries out
Everlasting
Your light will shine when all else fades
Never-ending
Your glory goes beyond all fame
And the cry of my heart
Is to bring You praise

From the inside out
Lord my soul cries out
From the inside out
Lord my soul cries out

Prayer after Communion

O God, through this meal you have strengthened us and appointed us to be your servants. Send us to do good and to share our possessions with all in need.

We ask this in Jesus' name.

Amen.

SENDING

Benediction

Sending Song

"One Way"

I lay my life down at Your feet.
You're the only One I need.
I turn to You and You are always there.
In troubled times it's You I seek.
I put You first, that's all I need.
I humble all I am, all to you.

One way, Jesus.
You're the only One that I could live for.
One way, Jesus.

You're the only One that I could live for.

**You are always, always there.
Every how and every where.
Your grace abounds so deeply within me.
You will never ever change.
Yesterday, today the same.
Forever 'til forever meets no end.**

**One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only one that I could live for.**

**You are the Way, the Truth, and the Life.
We live by faith and not by sight for You.
We're living all for you.
You are the Way, the Truth, and the Life.
We live by faith and not by sight for You.
We're living all for you.**

**One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only One that I could live for.
One way, Jesus.
You're the only one that I could live for.**

Dismissal

**Go in peace. Do not lose heart.
Thanks be to God.**

Thanks to:

**Ushers: John & Rebecca Keisler
Lector: Kathy Chance
Communion Servers: Diane Mansell / Brooklynn Mansell
Coffee Service: Jenice & Phil Twomey
Altar Guild: Pat Forrest
Audio/Visual: Katie O'Brien / Donley Winger / Belen Sanchez
Musicians, Singers: Paul Woodring / Dave Becker / Joan Pedersen / Matt
Schultze / Ryan Reck / Talia Ortega / Janis Sexton / Aiden Dellinger / Darrell**

Voss

The flowers on the altar are sponsored by Deanna & Matt Schultze in celebration of Daniel's birthday.

Arrangement prepared by students at Cal Poly Plant Shop.

Sunday Morning Opportunities

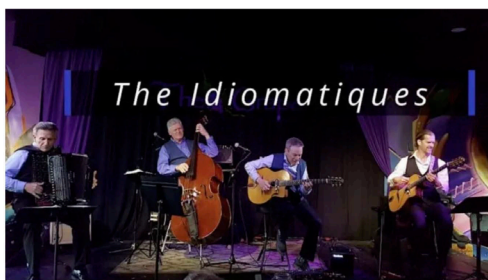
Dear friends,

"The Idiomatiques" Gypsy Jazz Quartet **Friday October 24th 7:30 pm**

The San Luis Obispo County Jazz Federation will present The Idiomatiques, a modern Gypsy Jazz quartet on Friday, October 24th at 7:30 pm at Mt. Carmel Lutheran Church in SLO. The quartet performs music in the spirit of Django Reinhardt with an emphasis on original compositions. They are the only Gypsy Jazz artists to break into the Billboard Contemporary Jazz Top 30 with their tune "C'est La Vie" spending 11 weeks on the charts. Based in Santa Barbara and Los Angeles, the band consists of Craig Sharmat and Ray Bergstrom on guitar, Kim Collins on bass and accordionist Frank Petrilli. An Idiomatiques show is filled with great musicianship, diverse programming, and humor.

The show starts at 7:30 (with doors opening at 7:00). Tickets are priced at \$35 for general admission, \$25 for Jazz Federation members and Mt. Carmel Community and \$10 for students and can be purchased at www.my805tix.com/e/Idiomatiques-2 or at the door. The San Luis Obispo County Jazz Federation is a non-profit 501(C)(3) organization that supports and encourages the performance and appreciation of jazz since 1983.

This event is part of **Jazz Jubilee Central Coast**, presented by the Basin Street Regulars Hot Jazz Club. Ticket purchases for this show affords additional \$10 per ticket discounts for other JJCC shows. (Discount details provided in your email confirmation).



Mt. Carmel Lutheran Church

Caregiver Support Group

This is a support group specifically for caregivers. If you are caring for a family member, friend, or elderly parent, we welcome you to attend to find out more and let us know how we can support you. Our next meeting is

November 5th.

A place to connect

We want to...

- Provide practical help and resources
- Help you connect with other caregivers
- Welcome all caregivers in our SLO community to attend, please spread the word!

Meets 1st Wednesday of every month

11am-12pm

Mt. Carmel Lutheran Church

Contact
megan.elrod7@gmail.com for questions



Many of you
how you can
Sunday worship.
short list of
No experience or



have asked
participate in
Below is a
opportunities.
special skills

are needed, and all are welcome to participate. Training and instruction will be provided.

Please use the list below to let us know that you would like to help.

Circle whatever interests you, fill in your name and contact info.

Tear off this page and place it in the offering plate, or leave it in the clear box next to the sign-up lists in the narthex.

Usher

Lector (scripture reader)

Communion server

Altar Guild

Money counter

Coffee Server

Audio / Video

Praise Band

Name: _____

Phone: _____

Email: _____