



Fall 2022



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You don't have to be Lutheran. You don't have to have faith all figured out. No matter where you are on your spiritual path, you are welcome here.

You are welcome here whether you are young or not so young, a lifelong Lutheran or a curious agnostic, or just someone seeking a fresh expression of Christ's love. To all, we affirm:

You are God's beloved child

Mt. Carmel Lutheran is located a few blocks from California Polytechnic State University, just off Grand Avenue in San Luis Obispo. We are a congregation of the [Evangelical Lutheran Church in America](https://www.elca.org/), a community of faith that is built around a strong belief in God as made known to us in Jesus Christ.

Sunday Worship at Mt. Carmel

Sunday Worship Service

9:30am—In person & Online

Church Office Hours

9:00am ~ 1:00pm Mon ~ Fri

Phone 805-544-2133

Email:

info@mtcarmelslo.org

Website:

www.mtcarmelslo.org

The other day when I was trying to go through some old boxes of books and files, I came across a notebook with this simple reflection.

Our true love is the present moment.

To live in the present is a miracle.

The miracle is not to walk on water,

the miracle is to walk on the green earth

in the present moment

to appreciate the peace and beauty

that are available now.

Peace is all around us in the world and in nature

and within us, in our bodies and spirits.

Once we learn to touch this peace,

we will be healed and transformed.

It is not a matter of faith,

it is a matter of practice.

I'm not sure who wrote these words or just where they come from, but in the midst of an anxious and troubled world, they struck me as true. But I would modify the last lines to read: "It is not only a matter of faith, it is a matter of faith and practice—of faithfulness."

Peace,

Pastor Richard

Children and Teens Ministry

Happy end of Summer and beginning of CAT's educational year. I am very excited to kick off our time together with a bounce house and root beer floats in the park on September 25, right after church. All kiddos are welcome!

Sunday School and Confirmation classes will begin on October 2. Sunday School curriculum will focus on stories from the Bible and will incorporate games, music, and crafts. Confirmation will dive into Lutheran theology, the 10 Commandments, the Creeds, and Luther's Small Catechism. What a great time to be young!

The Warner Grant that the Synod approved for nursery improvements has been put to good use and the improvements are complete. There is a window in the Narthex that allows parents to look into the nursery, the removal of an unused door that has been turned into a chalkboard, a fresh coat of paint that has been decorated with the youths' handprints and art that was created during Children's Church. Go take a look.

Lily, all the CAT volunteers, and I look forward to a great year!

Smiles & Sunshine—Deanna Schultze, CAT Director



For more information about our Children and Teens Ministries, please contact the CAT director ~ Deanna Schultze ~ at 805-305-8227, or catdirectormtcarmel@gmail.com.

SUNDAY WORSHIP at MT. CARMEL **Sundays at 9:30 AM**

Join our in-person worship in the sanctuary. Masks are optional at all indoor activities.

Reminder—if you are not feeling well, please join us on Zoom.

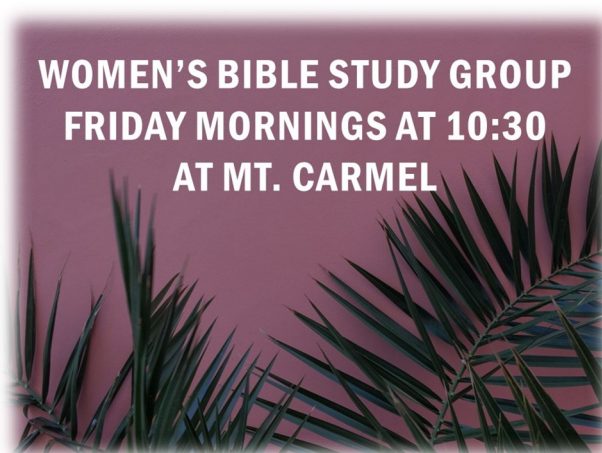
PRAYER AT NIGHT'S APPROACHING **Wednesdays at 7:00pm on Zoom**

Join Pastor Richard Rollefson in the sanctuary or on Zoom for this quiet service each Wednesday evening.



- September 25 ~ Church Council Town Hall
- October 2 ~ Ministry Fair – Info and a chance to join in on our Ministry Teams
- October 9 ~ “Do It Yourself Creation” Bible study based on the Creation story from Genesis Chapters One-Two-Three
- October 16 ~ “Do It Yourself Creation” Bible study continued
- October 24 ~ Presentation on the Senior Housing Project progress with Hosts Ryan McKinley - President, and Marty Fuller - Construction Superintendent of McKinley Construction. Plans include a walking tour of the project.
- October 30 ~ Reformation Day Bible Study

The Adult Education Team is recruiting individuals interested in helping plan the Adult Forum topics for the year. Please contact Bob Grosse for more information.



Links to all of our worship services, bible studies, and Zoom meetings can be found on our website at www.mtcarmelslo.org



Fundraiser for Iglesia Santa Cruz

Sunday, September 18

You're all invited to join us at 11:00am for a fundraising BBQ featuring our very own Road Kill Grill and live entertainment from the SLO Strummers. Angie Salazar from Iglesia Santa Cruz will join us during worship to share information about ISC.

Monies from this fundraiser will be used to pay for an off-site storage unit for ISC. A Thrivent Action Team is available for online giving. [CLICK HERE](#) for the Thrivent Team page.



September 25 ~ Rally Day and Fall Kick Off

Children's Sunday School and Adult Forum both kick off today. Rally Day will feature a bounce house and root beer floats. Schedules for Adult Forums can be found elsewhere in this publication. Please contact Bob Grosse with your ideas and suggestions for future Adult Forums.

Leaves of Mt. Carmel

*Our church
family tree*

We are creating a mural on the back wall of the sanctuary focusing on our church family. Leaves with photos of people who attend Mt. Carmel will be on display for you to enjoy.

MaryAnn will take photos of you and your family after church on Sundays so we have current photos on display.

The Women's Retreat is back for 2022

Our speaker is Rev. Dr. Marjorie Funk-Pihl
Hopeful Frustration
We are in a moment

We are emotionally worn out and willing to admit it
Join us as we discover how to use our frustration to restore our hope

The cost per person will be available soon. **Reminder** – this is not just for Mt. Carmel! Any woman who could use some time away to gather energy and fellowship is welcome. We need to know who is interested, so we can calculate the actual cost. We'll have a meeting to organize carpools and select roommates, (there are 2 ladies per room and 6 meals included.) Contact Nancy Priddy to let her know you're interested in attending, or for more information.

Women's Retreat November 11-13, 2022

St. Francis Retreat Center
San Juan Bautista, CA

Celebrations

HAPPY BIRTHDAY

HAPPY ANNIVERSARY

09/01/2000 Ken & MaryAnn Jakes
 09/07/1963 Dave & Sharon Lonsway
 09/19/1970 John & Nancy Cook
 09/22/2012 Jen & Brian DeClark
 10/10/1970 Mike & Val Lund
 10/11/1973 Helen & Walt Rehm
 10/17/1987 John & Rebecca Keisler

09/04 Walt Bremer	10/01 Dianne Drazé
09/05 Brayden DeClark	10/04 Barbara Jauregui
09/08 Glen Priddy	10/05 Monica Holman
09/09 Marshall Pihl	10/06 Marc Frey
09/10 Steve Bennett	10/08 Dave Parkinson
09/14 Sid Bennett	10/08 Mike Lund
09/14 Tony Bloodworth	10/10 Daniel Schultze
09/17 Allie Schultze	10/10 Jack Moen
09/19 Betty Johnson	10/13 John Rollefson
09/24 Wyatt Lund	10/20 JoAnn Bennett
09/30 Brooklyn Mansell	10/24 Bill Almas

PRAYING FOR OUR CHURCH COMMUNITY:

September 4 ~ Katie, Aramis & Freya Curtis; Jen, Brian, Brayden & Olivia DeClark; Desiree, Charles, Aidan, Brennan & Brielle Dellinger

September 11 ~ Kevin, Olivia & Wende Dong; Karen, Steve, Claire & Erica Dostal; Dianne & Michael Drazé

September 18 ~ Ed & Maureen Dresp; Mike, Marina & Belen Dresp; Pat Forrest

September 25 ~ Patti & Marc Frey; Andy & Ingrid Frokjer; Anneke, Katie, Matthew & Andrew Moersdorf; Cheryl, Dale, Elisa & Erin Garnsey

October 2 ~ Bob & Carol Grosse; Sue Haas-Clark & Kelly Clark; Cindy, Steven, Adam & Elissa Harding

October 9 ~ Carol Harvey; Sharon Haupt; Susan Hay

October 16 ~ Carlyn, John & Lily Hinds; Jean Hohenstein; Monica, Ariana & Caleb Holman

October 23 ~ Tony & Sheryl Huffaker; Bev Humphrey; Ken & MaryAnn Jakes

October 30 ~ Barbara Jauregui; Kay & Russ Jenson; Betty & Dale Johnson

Mount Carmel Staff

<i>Rev. Richard Rollefson</i>	Interim Pastor
<i>Paul Woodring</i>	Organist
<i>Dave Becker</i>	Dir. Contemporary Music
<i>Tony Bloodworth</i>	Custodian
<i>MaryAnn Jakes</i>	Parish Administrator
<i>Deanna Schultze</i>	Dir. Children and Teen Ministries
<i>Lily Hinds</i>	Nursery Caregiver

Special thanks to our musicians and singers each week:
 Paul Woodring / Dave Becker / Joan Pedersen /
 Richard Rollefson / Matt Schultze / Ryan Reck / Phil
 Strauss / Talia Ortega / Janis Sexton

Mount Carmel Church Council

President	Marshall Pihl
Vice President	Patti Frey
Secretary	Carol Harvey
Treasurer	

Members-At-Large

Jan Uder	Jen DeClark
Chuck Kilstrom	Wayne Lippold
Vicky Tway	

Our pastoral staff is here for you

In time of crisis, please contact the church office or
 Pastor Richard Rollefson 858-349-8862

Iglesia Santa Cruz....

Thank you for your continued support of Iglesia Santa Cruz. Your donations ~ along with the weekly donations from Whole Foods ~ are a lifeline for many households in our sister congregation.



Items needed most are:

Masa - Rice - Beans - Salt - Oil - Flour

Donations of gift cards are easy to purchase and easy to transport.

Thrivent grants are always a blessing. Your Thrivent dollars are used to purchase items from the list above. Please contact Steve Bennett at 805-556-0359 if you would like more information about Thrivent grants.

[Click this link for more info about Iglesia Santa Cruz on their facebook page.](#)

Iglesia Santa Cruz Update....

Pastor Esteban and his wife, Angie, are working with a team from our conference to find an affordable location to call their own. Unfortunately, the high cost of real estate and improvements are posing a road block. Please pray for the ministry at Iglesia Santa Cruz, for Pastor Esteban and Angie, and for the conference team as they continue their search for a new home.

Peace to you all,
MaryAnn



Matching Funds Challenge

This is a time when peoples' budgets are stretched, and the need for nutritious food is great. An anonymous angel in our congregation is making it possible for us to really make a

difference. Every dollar you donate to the SLO County Food Bank will be doubled, turning your dollar into 14 healthy meals!

This is an exciting opportunity for our congregation to make a difference in our community.

Donations may be made online at: slofoodbank.org/give Remember to note "Mt. Carmel"

Or by check to:
Food Bank of SLO County
1180 Kendall Rd.
San Luis Obispo, CA 93401

Be sure to note "Mt Carmel Matching Funds" on the memo line.



The
People's
Kitchen
of San Luis Obispo

Mt. Carmel supports The People's Kitchen by providing a hot lunch at the Prado Center on the first Friday of each month. Please contact Jan Uder at 805-234-8744 for more information about how you can get involved.

Upcoming dates:

September 2	October 7
November 4	December 2
January 6, 2023	February 3
March 3	April 7

Dates and times are subject to change. Please contact the group leader or the church office if you have any questions.			
Calendar Snapshot			
Weekly	Monthly	Special Events	
Sundays @ 9:30am (S, Z) Sunday Morning Worship	First Friday each month People's Kitchen at Prado Day Center	Sep 18 BBQ Fundraiser for Iglesia Santa Cruz	
Sundays @ 11:00am (QH, SS, Z) Adult Forum & Kid's Sunday School	6:00pm 2nd Tuesday each month (Z) Executive Team Meeting	Sep 25 Rally Day / Kickoff Sunday	
Mondays (2nd & 4th) @ 6:30pm (SS) Ukulele Rehearsal	6:00pm 3rd Thursday each month (Z) Church Council Meeting	Oct 2 SLO Jazz Federation Concert	
Tuesdays @ 5:30pm (S) Praise Band Rehearsal	2:00pm 4th Tuesday each month (SS) RAMS Book Group	Oct 23 Bible Sunday	
Tuesdays @ 7:00pm (Z) Book Discussion Group		Oct 29 Trunk or Treat 4pm—5:30	
Tuesdays @ 7:00pm (QH) Narcotics Anonymous			
Wednesdays @ 7:00pm (S, Z) Evening Prayer			
Fridays @ 8:00am Garden Club			
Fridays @ 10:30am (SS) Women's Bible Study			
Saturdays @ 8:00am (B, Z) Men's Breakfast & Bible Study			
Room Codes: B=Brick Area; QH=Quist Hall; S=Sanctuary; SS=Sunday School Area; Z=Zoom			

Mt. Carmel

LUTHERAN CHURCH

1701 Fredericks St.
San Luis Obispo, CA 93405

Phone: 805-544-2133
Email: info@mtcarmelslo.org

OUR MISSION

*Celebrating God's grace through
worship, learning and service.*

CHECK US OUT ON FACEBOOK!

For updates from
Mt. Carmel, go to
[www.facebook.com/
mtcarmelslo](http://www.facebook.com/mtcarmelslo)

ADDRESS SERVICE REQUESTED



Southwest California Synod/Mt. Carmel
Evangelical Lutheran Church in America
God's work. Our hands.