

On the fourth Sunday of Easter we commemorated Earth Day and our calling to be good stewards of God's creation. Although Earth Day is not part of the liturgical calendar, it is still a day worth recognizing as part of our celebration of Easter. The promise of Easter—that in Christ, God's love conquers even death—is more than the ever-repeating cycle of spring following winter, and yet it is a promise reinforced by what we see taking place around us in the natural world. In the words from the Chinook Psalter quoted in the book *Earth Prayers*:

*O Lord, May we today be touched by grace,
fascinated and moved by this your creation,
energized by the power of new growth at work in your world.
May we move beyond viewing this life only through a frame, but
touch it and be touched by it,
know it and be known by it,
love it and be loved by it.
May our bodies, our minds, our spirits, learn a new rhythm paced
by the rhythmic pulse of the whole created order.
May spring come to us, be in us, and recreate life in us.
May we forge a new relationship with the natural world
and discover a new affinity with beauty, with life,
and with the Cosmic Christ...
for all things were created
In his name.
Amen.*

As we move into spring, the season of growth and new life, by paying attention to the signs all about us in nature may we be aided in experiencing the fullness of the Easter promise of new life in Christ and be renewed in our sacred calling to care for all things created "in his name."

Peace,
Pastor Richard

Inside this issue:

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May Highlights

Meetings are held via Zoom. Please visit our website at mtcarmelslo.org for links to the meetings. Visitors welcome!

Executive Team

Tuesday, May 11 at 6pm

Church Council

Thursday, May 20 at 6pm

**Annual Reports Due to
the Church Office
May 14**

**Synod Assembly
June 4 & 5**

**MCLC Annual Meeting
June 13**

**Sunday Worship
at Mt. Carmel
Sunday Worship Service**

9:30am—Online via Zoom
12:00pm—In person on the patio

WORSHIP ONLINE

Join us on ZOOM for
worship and bible studies

Please use the links listed here to join any of our worship services. We look forward to seeing you!

[How to join a ZOOM meeting - Instructions](#)

- [Link to SUNDAY morning Zoom worship](#)

Sundays at 9:30 AM

For telephone: +1 669 900 9128

Meeting ID: 849 4786 1947

Passcode: 591300

- [Link to WEDNESDAY Evening Zoom Service](#)

Wednesdays at 7:00 PM

For telephone: +1 669 900 9128

Meeting ID: 867 5095 6162

Passcode: 695333

- [Mt. Carmel YouTube channel](#)

WHAT TO EXPECT AT OUR SUNDAY MORNING ONLINE WORSHIP

To enhance our time together and our online worship experience, we will include an extended time before and after worship for conversation with microphones unmuted. During worship microphones should be muted except for the Sharing the Peace and Lord's Prayer.

9:00-9:25: Fellowship Time (unmuted)

9:25: Prelude & Announcements (microphones muted)

9:30: Worship

10:30 Post Service Fellowship (unmuted)

10:45: Adult Forum

Please remain muted during the worship service so that everyone may enjoy the experience.

Thank you!



Special thanks to our musicians and singers each week:
Paul Woodring / Dave Becker / Joan Pedersen
Sue Haas-Clark / Patti Frey / Richard Rollefson

Sunday Readings and Psalm

May 2 (Fifth Sunday of Easter)

Lector: Monica Holman

First Reading: Acts 8:26-40

Philip teaches and baptizes an Ethiopian

Psalm 22:25-31

Second Reading: 1 John 4:7-21

God's love perfected in love for one another

Gospel Reading: John 15:1-8

Christ the vine

May 9 (Sixth Sunday of Easter)

Lector: Bob Grosse

First Reading: Acts 10:44-48

The Spirit poured out on the Gentiles

Psalm 98

Second Reading: 1 John 5:1-6

The victory of faith

Gospel Reading: John 15:9-17

Christ the friend and lover

May 16 (Seventh Sunday of Easter)

Lector: John Cook

First Reading: Acts 1:15-17, 21-26

Matthias added to the apostles

Psalm 1

Second Reading: 1 John 5:9-13

Life in the Son of God

Gospel Reading: John 17:6-19

Christ's prayer for his disciples

May 23 (Day of Pentecost)

Lector: Steve Bennett

First Reading: Acts 2:1-21

Filled with the Spirit to tell God's deeds

Psalm 104:24-34, 35b

Second Reading: Romans 8:22-27

Praying with the Spirit

Gospel Reading: John 15:26-27; 16:4b-15

Christ sends the Spirit of truth

May 30 (Holy Trinity Sunday)

Lector: Monica Holman

First Reading: Isaiah 6:1-8

Isaiah's vision and call

Psalm 29

Second Reading: Romans 8:12-17

Living by the Spirit

Gospel Reading: John 3:1-17

Entering the reign of God through water and the Spirit



In-person Worship

Sundays at
12 noon on the patio




Join us on Sundays at 12 noon for an in-person worship and communion. Please help us to keep everyone safe during our recovery and reopening by observing the following guidelines:

- Sit with members of your own household or family only.
- Wear your mask upon arrival and departure. You may remove your mask while you are seated.
- Sign in with the first and last names of everyone in your family who is attending, including children.

Thank you for helping us take these extra precautions.



Communion at Home

Sunday, May 2

Elements to gather:
Wine or juice
Crackers or bread

We share Communion on the first Sunday of each month during our online worship service. We ask that you gather your elements prior to the service—a cup with wine or juice, and a plate with crackers or bread. Pastor Richard will lead us through the Great Thanksgiving as though we are gathered in person. ALL ARE WELCOME AT THE TABLE.



LISTENING TO GOD:
PRAYER AT NIGHT'S APPROACHING

WEDNESDAYS AT 7:00PM

The Wednesday Evening Prayer

Pastor Richard Rollefson leads this quiet service each Wednesday evening on Zoom. Click the link below for easy access, or join by phone and enter the meeting ID and passcode.

[Link for Wednesday Evening Service](#)

For telephone: +1 669 900 9128
Meeting ID: 867 5095 6162
Passcode: 695333

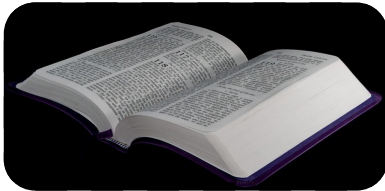
CHILDREN AND TEEN'S MINISTRY

Join Ingrid on YouTube for children's sermons. Click the link or copy to your browser to watch online.

<https://www.youtube.com/channel/UC9Ny-io7V6ObxbcEmoDazBg>

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|                                                                                                                                                                                               |                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Bible Study</b><br/>Fridays at 10:00 AM</p> <p><a href="#">Link to FRIDAY morning Bible study</a></p> <p>Telephone: 669 900 9128<br/>Meeting ID: 829 5418 7961<br/>Passcode: 229122</p> | <p><b>Men's Bible Study</b><br/>Saturdays at 8:30 AM</p> <p><a href="#">Link to SATURDAY morning Bible study</a></p> <p>Telephone: 669 900 9128<br/>Meeting ID: 248 770 4658<br/>Passcode: 159759</p> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|







## ADULT FORUM

Sundays following worship

### May Schedule

May 2—Monica Holman will tell us about her experiences in on-line Seminary studies and her plans for the future. Join in and hear Monica's story.

May 9—Special Bible study for Mother's Day. The story of Hannah, mother of Samuel, from I Samuel Chapters 1 and 2. Bring your Bible and join in the story of this remarkable Old Testament woman.

May 16, 23 & 30—Information about the upcoming Annual Meeting on June 13.

Please watch the Vistas for more details.

CALL  
COMMITTEE  
FORMING NOW



Please contact Marshall Pihl before May 11 if you are interested in being part of the committee to call our next pastor. Here's the process for forming the committee:

- The executive committee will review all names at their May 11 meeting and develop a prospective list that represents who we are and where we need go.
- Council will review the list at their May 20 meeting and develop a list for recommendation to the congregation.
- The congregation will review the proposed list and elect the final call committee at the June 13 congregational meeting.

Don't delay, contact Marshall today!

HENRI J. M. NOUWEN

AUTHOR OF THE THREE MOVEMENTS OF LOVE



REACHING OUT

THE THREE MOVEMENTS  
OF THE SPIRITUAL LIFE

Book discussion group  
Mondays at 6:30pm  
Join via Zoom

[Click here for the meeting link](#)

With the clarity and depth characteristic of the classics, this spiritual bestseller lays out a perceptive and insightful plan for living a spiritual life and achieving the ultimate goal of that life — union with God. Nouwen views our spiritual "ascent" as evolving in three movements.

## Reopening Task Force Meeting

Tuesday,  
May 4<sup>th</sup> at  
1:00 PM  
On Zoom



Join Patti Frey and the rest of the Task Force to discuss plans for reopening the church for worship services as well as to outside groups. This will be a virtual meeting on Zoom. You may join on your computer or by phone.

[Link to RTF Meeting](#)

Meeting ID: 517 757 0205 Passcode: 6T6err

By phone: 1 669 900 6833

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Chili Feed for The Front Porch

Our next service opportunity is on Wednesday, May 12. We make chili, coleslaw and muffins, package it up in quantities to serve 4, and deliver 20 bags to FP.



**HAPPY ANNIVERSARY**

|            |                            |
|------------|----------------------------|
| 05/02/2009 | JoAnn & Steve Bennett      |
| 05/16/1992 | Paul & Rebecca Christensen |
| 05/23/1997 | Dave & Sherri Parkinson    |
| 05/26/1984 | Sheryl & Tony Huffaker     |

**HAPPY BIRTHDAY**

- |    |                  |    |              |
|----|------------------|----|--------------|
| 03 | Olivia DeClark   | 28 | Steven Jobst |
| 03 | Andrew Moersdorf |    |              |
| 06 | Maureen Dresp    |    |              |
| 06 | Rebecca Keisler  |    |              |
| 09 | Mark Twomey      |    |              |
| 11 | Annie Quist      |    |              |
| 13 | Carol Winger     |    |              |
| 16 | John Keisler     |    |              |
| 17 | Helen Rehm       |    |              |
| 18 | Jill Anderson    |    |              |
| 20 | Sarah Kinsey     |    |              |
| 21 | Susan Hay        |    |              |

# Happy Mother's Day - May 9

**Prayer Requests**

Sid & Beryl Bennett  
 Jeannie Ledford & Family  
 Elsa Brody  
 Family & friends of Caroline Benitez

Have something you want to celebrate or commemorate?  
 E-mail the details/pictures to the church office -  
[info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) - for publication in this newsletter  
 and our twice-weekly "Vistas" announcements!  
**Deadline for the June Summit is May 20**

**PRAYING FOR OUR CHURCH COMMUNITY:**

**May 2**—Ed & Maureen Dresp; Mike, Marina & Belen Dresp; Sally Eggen  
**May 9**—Pat Forrest; Marc & Patti Frey; Andy & Ingrid Frokjer, Andrew, Anneke, Katie and Matthew Moersdorf  
**May 16**—Cheryl, Dale, Elisa & Erin Garnsey; Bob & Carol Grosse; Sue Haas-Clark  
**May 23**—Cindy, Steven, Adam and Elissa Harding; Carol Harvey; Sharon Haupt  
**May 30**—Susan Hay; Carlyn, John & Lily Hinds; Jean Hohenstein



The  
People's  
Kitchen  
of San Luis Obispo

**Mt. Carmel serves lunch at the Prado Center on the first Friday of each month.**

Volunteers: Thank You, and be sure to check the schedule below for what is needed.

*Please find your own substitutes if you cannot provide this month.*

Email Jan Uder at [j.uder@yahoo.com](mailto:j.uder@yahoo.com) if you have any questions about The People's Kitchen program or would like to volunteer.

**Schedule for May 7:  
Hot Dish (serves 12+)**

Nancy Cook  
Dianne Draze  
Betty Johnson  
Judy Kirkhart  
Annette Martin  
Laurie Musiel  
Karen Petersen  
Nancy Priddy

**Salad (serves 12+)**

Cheryl Garnsey  
J Remington  
Carol Winger

**Canned Fruit**

Maureen Dresp  
Ingrid Frokjer

**3 Gallons Whole Milk**

Ro Cannon-Miller

**Please have your clearly marked items at church by 11:00am, (heated and ready to go)**



SLO  
**FOOD  
BANK**

**HUNGER HEROES**

Mount Carmel continues to contribute to the SLO Food Bank, and the challenger continues to match every dollar. The need for funding at the Food Bank will likely be needed for at least a few more months.

You are all truly HUNGER HEROES!

[Link to Mt. Carmel matching funds page](#)

Thank you for all of your support of this very important ministry. Mount Carmel is truly blessed by your commitment. If you have not yet committed your support, even five dollars will provide thirty-five meals. Please prayerfully consider this opportunity to make a difference to those standing in line to get their next meal from the Food Bank.

Peace and patience,

Marilyn Brown  
Food Bank Coordinator

**Mount Carmel Staff**

|                               |                                          |
|-------------------------------|------------------------------------------|
| <i>Rev. Richard Rollefson</i> | Interim Pastor                           |
| <i>Paul Woodring</i>          | Organist                                 |
| <i>Dave Becker</i>            | Director of Contemporary Music           |
| <i>Tony Bloodworth</i>        | Custodian                                |
| <i>MaryAnn Jakes</i>          | Parish Administrator                     |
| <i>Ingrid Frokjer</i>         | Director of Children and Teen Ministries |
| <i>Deanna Schultze</i>        | Nursery Caregiver                        |

**Mount Carmel Church Council**

|                  |                  |
|------------------|------------------|
| President        | Marshall Pihl    |
| Vice President   | Patti Frey       |
| Secretary        | Carol Harvey     |
| Treasurer        | Sherri Parkinson |
| Members-At-Large |                  |
| Erik Brun        | Jen DeClark      |
| Chuck Kilstrom   | Wayne Lippold    |
| Jan Uder         |                  |

**Church Hours**

Our office is not open to visitors at this time, but we are always available by phone. Please call or email to schedule a time to visit in person:

**Phone 805-544-2133**

**Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) [www.mtcarmelslo.org](http://www.mtcarmelslo.org)**

**Our pastoral staff is here for you**

In time of crisis, please contact the church office or Pastor Richard Rollefson 858-349-8862



## Supporting Iglesia Santa Cruz....

May 8, 2021, 11am-3pm

Mt. Carmel holds a Drive-Thru donation on the second Saturday of each month to benefit the families at Iglesia Santa Cruz. Our primary focus is on food donations, with additional items added to the list as needed. All package sizes are acceptable for donation, and most is distributed or delivered to families the same day we deliver to Santa Maria. Maseca is a special corn flour used to make tortillas and is a basic staple in all of the households. ***If you prefer to donate money, we'll gladly do the shopping on your behalf. Please make checks payable to MCLC and note Santa Cruz on the memo line.***

Every bag of rice or beans, every package of Masa or sugar helps families that are struggling to keep food on the table. Donations may also be left in the shopping cart near Quist Hall on Sundays at the in-person worship service.

In April we delivered over 1,000 pounds of food and \$250 in gift cards. We also delivered some left over jars of soup mix. They were very popular! The pictures below show a few of the families who received some of the food that day.



Thrivent grants have been an invaluable addition to this ministry over the past few months, and we currently have a grants scheduled for June and July. If you have a Thrivent account and would like to help us out, please contact MaryAnn at 805-544-2133. If you need help with they Thrivent request process Steve Bennett is available to lend a hand. You can reach Steve at 805-566-0359. The money received from the grants is used to purchase fresh veggies, fruits, and meat. Of course, we always look for the best deals to stretch our dollars, but without you, none of this would be possible.

[Click this link for more info about Iglesia Santa Cruz on their facebook page.](#)



Benefiting Iglesia Santa Cruz



**Suggested items include:**

- ❖ Maseca
- ❖ Cooking Oil
- ❖ Sugar
- ❖ Rice
- ❖ Beans
- ❖ Flour
- ❖ Salt
- ❖ Laundry & Dish Soap
- ❖ Diapers / Baby Wipes
- ❖ \$25 Visa Gift Cards

## DRIVE-THRU DONATIONS BENEFITING IGLESIA SANTA CRUZ

AT MT. CARMEL



One last story for you....

One of the other churches held a fundraiser and collected around \$700 for Santa Cruz. Some of the gifted money was used to help a household with five children ages 4 through 10. Pr. Esteban and Angie took the children shopping for new shoes, a new set of clothes, and a special trip to McDonald's. The children were so thrilled and overwhelmed that they began to cry when Pr. Esteban helped them put on their new shoes. They had never been to McDonald's either, so that was also a special trip. If you are looking for a place to donate clothing that your children have outgrown, please bring it to the food drive, or leave it in the basket next to Quist Hall. This is NOT a formal clothing drive, just a place to pass along those items your children have outgrown. Here are a few pictures of the kids from the story...



*Annual Meeting  
Sunday, June 13*



## MT. CARMEL ANNUAL MEETING

**June 13, 2021**

It's time once again for the Mt. Carmel Annual Business Meeting. We have a date, but the time and method (online or in-person) has not been determined. Please watch the Vistas for more information as the church council considers the available options.



## SOUTHWEST CALIFORNIA ASSEMBLY

**June 4-5, 2021**

This year, the Southwest California Synod Assembly meeting will be conducted completely virtually. All attendees will join from the comfort of their own home or office to conduct the usual business and voting, including voting for our next Bishop.

Speaking of voting, two delegates—one male, one female—represent Mt. Carmel at the assembly. Marshall Pihl is our male delegate this year.

**We are looking for a female delegate to attend both days of the virtual meeting. Please contact Marshall by May 7th if you are interested in attending online. A delegate must be a member of Mt. Carmel and must attend both days.**

# Mt. Carmel

LUTHERAN CHURCH

1701 Fredericks St.  
San Luis Obispo, CA 93405

Phone: 805-544-2133  
Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org)

### OUR MISSION

*Celebrating God's grace through  
worship, learning and service.*

### CHECK US OUT ON FACEBOOK!

For updates from  
Mt. Carmel, go to  
[www.facebook.com/  
mtcarmelslo](http://www.facebook.com/mtcarmelslo)

ADDRESS SERVICE REQUESTED



**Southwest California Synod/Mt. Carmel  
Evangelical Lutheran Church in America**

God's work. Our hands.