



October 2019

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*O Lord, how manifold are your works!
In wisdom you have made them all;
the earth is full of your creatures.
Yonder is the sea, great and wide,
creeping things innumerable are there,
living things both great and small.
These all look to you to give them their food in due season;
when you give to them they gather it up,
when you open your hand, they are filled with good things*
Psalm 104:24-28

The timeless beauty of the psalmist's poetry is especially fitting as we enter the autumn harvest season. The ancient writer perceived the providential hand of God at work in the wondrous diversity of life, the vastness of the sea, and the ordered rhythms of nature. It is a vision of the wonder of God's sacred creation – a vision we need in our time.

In October we remember another poet of creation's wonder, St. Francis of Assisi. In his song, "All Creatures of our God and King," Francis recognized the beauty and bounty of creation as the revelation of God's grandeur and goodness:

Sing brother wind, with clouds and rain
you grow the gifts of fruit and grain:
Alleluia, alleluia!
Dear sister water, useful, clear
make music for your Lord to hear.

The last lines praising water, "useful, clear" have a particular resonance in our own central California region and the experience of drought. It also serves as a reminder of the larger global environmental crisis in this time of climate change and the loss of species. These threats to creation are the results of the excesses of our way of life and an indictment of our failure to be good stewards of God's creation.

But there is another path. Implied in both the psalmist's and Francis' words is the promise that if we look at our world with the eyes of wonder and faith, we will perceive the providential presence of God. Just as the manifold diversity of God's creation is a testament to God's wisdom, so in wisdom, God created us. As we sing each Sunday in preparation for the meal we call "Holy Communion," we join with wind and sea, sun and moon, with earth and all her creatures, in a great, unending hymn of praise. Seeing ourselves as one with all God's creatures becomes the transforming vision empowering us to be good stewards of God's creation.

Peace,

Pastor Richard

Adult Forums

See page 2

Iglesia Iuterna Food Donations

See page 6

Blessing of Animals

Saturday, October 12
11:15 at Mitchell Park

Table of Grace

Saturday, October 12
6:00pm—Mt. Carmel

Women's Retreat

October 18-20
Cambria Pines Lodge

Sunday Worship at Mt. Carmel

Sunday Worship Service

9:30am

Holy Communion is offered at all
Sunday worship services.

Join us for coffee on the patio immediately following the service.

THE JOURNEY FORWARD

To God be the glory, great things are happening at Mount Carmel. Kudos to the Synod Bishop for understanding our needs, and for sending us Pastor Richard to address those needs. Through his guidance and leadership, we have made major progress, in just nine short months. As soon as he finds that magic watch which is in a box in his garage, we can give him a dollar for it and it will always be a reminder of his excellent sermons. (Smile).

On the fourth Sunday of September, the Journey Forward Team held the fifth Adult Forum on Healthy Habits. The focus was on the last two healthy habits, accept decisions processed well, and loving accountably.

Pastor Richard led the discussion based on three different scenarios from Acts which were problem solving venues. There was a healthy discussion of each scenario and how each one identified the issue to be solved, and the methods used to achieve positive resolution.

There was also discussion on comparing the healthy habits grammar with the vision and mission statements to ensure that they are compatible and clearly stated. The team will be working on that over the next month.

The team will also be preparing a brief survey regarding the health of the congregation. The survey will be presented to the congregation on October 13th and will be a barometer check on how well the congregation has healed over the past fifteen months.

The results of the survey will be shared at the last Forum on October 27th. The team will also be sponsoring OKTOBERFEST. We will be upping the refreshments from donuts to hearty German fare. Please mark your calendar now and plan to attend. A good time will be held by all.

Journey Forward Team:

Pastor Richard
Marilyn Brown
Kevin Dong
John Kiesler
Jackie Kinsey
Betty Johnson

ADULT FORUM

Sundays 11:00AM

Quist Hall

A variety of activities, classes and learning opportunities are available each Sunday following our worship service. Grab some coffee and a snack and join the conversations.

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**Oct 6:** Rev. Mary Stein-Webber. Our guest preacher and presider, who will also be the leader for the upcoming Women's Retreat will have a "meet and greet."

**Oct 13:** "Asset Mapping" Pastor Richard will lead us in this workshop that kicks off our fall Stewardship Emphasis by looking at the gifts we have been given in abundance by God. "Asset Mapping" is the rediscovery and mapping of a community's resources—the skills and capacities of our membership, our connections to other public, private and nonprofit associations and networks, and our physical and economic assets.

**Oct 20:** What does it mean to be a "Sanctuary Church." We will discuss the meaning and possible implications of the recent action at the Churchwide Assembly in declaring the ELCA a "Sanctuary Church."

**Oct 27:** The Journey Forward Team will conclude its work on 5 Healthy Habits with a celebration connected to Reformation Sunday. You're invited to share in a meal of bratwurst, sauerkraut, German potato salad and gummie bears (like Lutherans, they first came from Germany).



## WINE BLESSING SUNDAY, OCT 13

As part of celebrating the wine harvest, you are invited to bring a bottle of wine to be blessed and used for communion.

## BIBLE STUDIES

Friday Mornings at 10:00  
Four Cats Café  
1531 Monterey  
San Luis Obispo

Saturday Mornings at 8:00  
Men's Breakfast & Bible Study  
Mt. Carmel in the Brick Area





## BROWN BAG LUNCH

Friday, October 4  
12:00 noon

### Don't be afraid to go into the water...

Sorry, I couldn't resist. Bring your brown bag lunch, a friend and your curiosity and join us to hear our speaker, Travis Norton, Director of Programs at the Central Coast Aquarium. He started his career there as Lead Aquarist, where he was in charge of animal care and tank maintenance. Then he became lead Educator, running all the school programs and summer camps. 2 years ago, he added Director of Programs to his title. He will be giving a brief history of the aquarium, which is celebrating it's 25 year anniversary this year. Then he will delve into the world of sharks, talking about their teeth and what makes them great predators, while debunking the myths that all sharks are dangerous and scary. He will go over some specific species, including some local ones, and end by showing off shark teeth, jaws and other artifacts.

Be sure and join us to learn more about God's amazing creatures of the deep.

Questions? Nancy Priddy, 805-459-9249



## MT. CARMEL BOOK CLUB

Sunday,  
October 13 at 6:00 pm  
Karen Petersen's home

The book for October is *Orphan Train* by Christina Baker Kline. Copies are available for checkout in the church office.

Between 1854 and 1929, so-called orphan trains ran regularly from the cities of the East Coast to the farmlands of the Midwest, carrying thousands of abandoned children whose fates would be determined by pure luck. Vivian Daly, an Irish immigrant, was one such child. Returning to Maine later in life, she lives a quiet life and packs vestiges of her turbulent past away in the attic.

Seventeen-year-old Molly Ayer is a Penobscot Indian raised in foster homes. As she helps Vivian clean out her attic and sort through her possessions, they discover they aren't as different as they appear.

Moving between contemporary Maine and Depression-era Minnesota, *Orphan Train* is a powerful tale of upheaval and resilience, second chances, and unexpected friendship.



Cambria Pines  
Lodge  
October 18-20

Our speaker is Mary Stein-Webber, MDJV, LMFF, and her topic will be "Resurrections in Our Lives", "How God breaks in when it is still dark." It will be based on the story in the book of Luke, of Mary going to the Garden and finding an empty tomb. Suddenly, she hears someone calling her name...

Cost for the weekend is \$250, with an \$80 deposit due at sign-up. Bring a friend and sign-up today! See Nancy Priddy for more information.



## Animal Blessing and "WIGGLE WAGGLE WALK" Saturday October 12, 11:15am Mitchell Park, SLO

As part of the Wood's Humane Society's "Mardi Paws 27<sup>th</sup> Annual Wiggle Waggle Walk" from 9am to 12noon on Saturday, October 12 in Mitchell Park, Pastor Richard Rollefson will be the leader of a Blessing of the Animals Service at 11:15am. You are invited to bring your pet and join in the walk or just come for the Animal Blessing.



| DATE         | ACOLYTES         | COFFEE SERVERS      | COMMUNION ASSTS                                         | GREETERS                          | LECTORS       |
|--------------|------------------|---------------------|---------------------------------------------------------|-----------------------------------|---------------|
|              | COORDINATOR      | COORDINATOR         | COORDINATOR                                             | COORDINATOR                       | COORDINATOR   |
|              | John Keisler     | Carol Harvey        | None                                                    | None                              | Wayne Lippold |
| <b>10/6</b>  | Adrian Schultze  | Vicky Tway          | Betty Johnson;<br>Maureen Dresp;<br>Diane Mansell       | Ro Cannon-Miller                  | Jenice Twomey |
| <b>10/13</b> | Andrew Moersdorf | Carol Harvey        | Karen Petersen;<br>Janis Sexton;<br>Jenice Twomey       | Janis Sexton                      | Janis Sexton  |
| <b>10/20</b> | Brooklyn Mansell | Jess & Pat Bathke   | Nancy Priddy;<br>Sandy Rowland;<br>Cyndi Rollefson      | JoAnn Bennett                     | Monica Holman |
| <b>10/27</b> | Allie Schultze   | Ro Cannon-Miller    | John & Nancy Cook;<br>Mike Dresp;<br>Lisanne Martinelli | Pat Forrest                       | Nancy Cook    |
| <b>11/3</b>  | Andrew Moersdorf | Jack & Roberta Moen | Janis Sexton;<br>Maureen Dresp;<br>Diane Mansell        | Sandy Rowland<br>Margaret O'Neill | Steve Bennett |

\*Reminder:

If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.

### FLOWER SPONSORS

|            |                        |
|------------|------------------------|
| October 6  | Matt & Deanna Schultze |
| October 13 | Mike & Val Lund        |
| October 20 | Steve & JoAnn Bennett  |
| October 27 | Vicky Tway             |
| November 3 | Mollie Smith           |

**IF YOU WOULD LIKE TO RECOGNIZE  
SOMEONE SPECIAL, CONSIDER  
SPONSORING  
FLOWERS FOR OUR CHANCEL.**

Two bouquets for \$55.00.  
Thank you, Jeanie Schultz, Altar Guild



### FRIDAY MORNING OFFICE VOLUNTEERS

|            |                |
|------------|----------------|
| October 4  | Dorothy McCoid |
| October 11 | Carol Winger   |
| October 18 | Maureen Dresp  |
| October 25 | Pat Forrest    |
| November 1 | Dorothy McCoid |

### MOUNT CARMEL COUNCIL MEMBERS

|                         |                  |
|-------------------------|------------------|
| <b>President</b>        | Marshall Pihl    |
| <b>Vice President</b>   | Patti Frey       |
| <b>Treasurer</b>        | Sherri Parkinson |
| <b>Secretary</b>        | John Merrill     |
| <b>Members at Large</b> | Jenice Twomey    |
|                         | Carol Harvey     |
|                         | Matthew Schultze |
|                         | Jan Uder         |
|                         | Wayne Lippold    |

| DATE         | USHERS                                                          | SOUND BOARD    | POWER POINT       | ALTAR GUILD    | CHILDREN'S CHURCH |
|--------------|-----------------------------------------------------------------|----------------|-------------------|----------------|-------------------|
|              | COORDINATOR                                                     | COORDINATOR    | COORDINATOR       | COORDINATOR    | COORDINATOR       |
|              | Jess Bathke                                                     | Marshall Pihl  | Marshall Pihl     | Jeanie Schultz | Ingrid Frokjer    |
| <b>10/6</b>  | Jack & Roberta Moen<br>Linda Schultze<br>Dale & Betty Johnson   | John Perreault | Carol Grosse      | Maureen Dresp  | Ingrid Frokjer    |
| <b>10/13</b> | Jeanie Schultz<br>John Sexton<br>Norm & Mollie Smith            | John Perreault | Matthew Moersdorf | Mollie Smith   | Sandy Rowland     |
| <b>10/20</b> | Dorothy McCoid<br>Mike & Val Lund                               | Marshall Pihl  | Linda Schultze    | Dorothy McCoid | Val Lund          |
| <b>10/27</b> | Warren Quist; John Merrill; Andy Frokjer; Carol & Donley Winger | John Perreault | Dave Parkinson    | Pat Forrest    | Diane Mansell     |
| <b>11/3</b>  | Steve & JoAnn Bennett<br>Jess & Pat Bathke<br>John Sexton       | Marshall Pihl  | Carol Grosse      | Maureen Dresp  | Ingrid Frokjer    |

\*Reminder:

If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.



**The  
People's  
Kitchen**  
of San Luis Obispo

**Mt. Carmel serves again on September 6th at 11:45 AM at Prado Day Center.**

Volunteers: Thank You, and be sure to check the schedule below for what is needed.

*Please find your own substitutes if you cannot provide this month.*

Email Jan Uder at [j.uder@yahoo.com](mailto:j.uder@yahoo.com) if you have any questions about The People's Kitchen program or would like to volunteer.

**Please have your clearly marked items at church by 11:00am,(heated and ready to go)**

## Our volunteers on September 6:

### **Hot Dish (serves 12+)**

Kathy Towle  
Pat Forrest  
Sandy Rowland  
Cyndi Rollefson  
David Lonsway  
Jan Uder  
Rebecca Keisler

### **Salad (serves 12+)**

Karen Columbo  
Kathy Meyer  
Judy & Walt Bremer  
Tina Muller  
Jennifer Bobell  
Julie Martin

### **2 Large Cans of Fruit**

### **2 Gallons Whole Milk**

## Looking ahead to November 1:

### **Hot Dish (serves 12+)**

Steve & JoAnn Bennett  
Linda Lex  
Sue Cummings  
Janis Sexton  
Sheilah Tietje  
Karen Almas

### **Salad (serves 12+)**

Rheinisch  
Karen Bockelman

### **2 Large Cans of Fruit**

Rebecca Christensen  
Ro Cannon-Miller

### **2 Gallons Whole Milk**

Jess & Pat Bathke



### Lorraine Sundquist Memorial

A graveside service will be held at Los Osos Valley Mortuary and Memorial Park at 10:00am on Saturday, Oct. 5. A memorial service will be held at St. John's Lutheran Church in AG at 2:00pm on Oct. 5. There will be a lunch following the memorial service. Lorraine passed on Saturday, Aug 25. She was a long-time member of Mt. Carmel before transferring to St. John's Lutheran Church in Arroyo Grande

Lorraine's daughter is Debra Heimbach, 19073 Coyle Springs Rd., Hidden Valley, CA 95467.

### CHRISTMAS ANGEL TREE PROJECT

Coming soon to Mount Carmel congregation

We are invited to join with our sister congregations on the Central Coast to participate in the "Christmas Angel Tree Project". Iglesia luterana Santa Cruz is looking for sponsors for their "Christmas Angel Tree" event which usually happens on Christmas Eve. Last year they had over 350 children that benefited from all the donations. A quote, "Many of our children count on us for a small gift at Christmas. Our children will always be very grateful for your generosity".

Beginning in November we will join Christmas Angel Tree Project. Listen for announcements and look in your bulletins for upcoming details.



### IGLESIA LUTERNA SANTA CRUZ October Food Donations



20 + years ago our Southwest California Synod of the ELCA started a Mission Church idea which would reach out to Spanish speaking folks. The pastors and Congregations of our conference welcomed this Mission Church idea and Iglesia luterana Santa Cruz was born. Santa Cruz opened its doors in 2001, reaching out to many. Some of the people were farm field workers in the Santa Maria area. Today for almost 18 years Santa Cruz or Holy Cross church has grown. They continue to reach out serving the spiritual and physical needs of many. A large number of their membership are field workers and their families.

As Fall and winter seasons approach weather changes and field work ends. Because field workers don't have a salary coming in to support their families they rely on their Church Pantry to tide them over until field work begins again. This is where we at Mount Carmel can be a big help. Part of our goal as a church is to reach out into the community to serve others. For the month of October we are collecting specific food items to replenish Santa Cruz food pantry. Following is a list of foods the social action team invite you to bring.

**October 6th** = bags of dried beans only, Pinto or red beans. No canned beans please.

**October 13th** = bags of dried white rice only. No fancy gourmet mixes please.

**October 13th** = Coat donations.

**October 20th** = Maseca (corn flour), not cornmeal. And all-purpose (wheat flour), white or unbleached.

**October 27th** = large bags of small size pasta.

Have something you want to celebrate or commemorate?

E-mail the details/pictures to the church office - [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) - for publication in this newsletter and our weekly "Vistas" announcements!

**Deadline for November Summit is October 20**

### Mount Carmel Staff

|                               |                      |
|-------------------------------|----------------------|
| <i>Rev. Richard Rollefson</i> | Interim Pastor       |
| <i>Paul Woodring</i>          | Organist             |
| <i>Dave Becker</i>            | Director of          |
|                               | Contemporary Music   |
| <i>Tony Bloodworth</i>        | Custodian            |
| <i>Mary Ann Jakes</i>         | Parish Administrator |

**Church Office Hours 9:00am—3:00pm Monday-Friday**  
Phone 805-544-2133

Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) [www.mtcarmelslo.org](http://www.mtcarmelslo.org)

### Our pastoral staff is here for you.

In time of crisis, please contact the church office or Pastor Richard Rollefson 858-349-8862

All are invited to join

## Table of Grace

Dinner Church Worship Service

**Where:** Mt. Carmel Lutheran Church  
1701 Fredericks St. (Corner of Grand & Fredericks)

**When:** October 12 and November 9

Please join us for our new once-a-month dinner worship service! Come alone, as a family, or with a group...ALL ARE INVITED! Feel free to bring any food you have to share, or just come as you are (especially if it is your first visit!), and we will all eat together, share Word and Meal, and grow closer to each other and God!

**Come as you are.**

**Listen. Feast. Pray.**

Weekly Worship at Mt. Carmel: Sundays at 9:30 AM



## OCTOBER BIRTHDAYS

|    |                  |    |                |
|----|------------------|----|----------------|
| 01 | Dianne Draz      | 20 | JoAnn Bennett  |
| 04 | Barbara Jauregui | 20 | Susan Bouvette |
| 05 | Danielle Dong    | 24 | Bill Almas     |
| 05 | Monica Holman    |    |                |
| 06 | Marc Frey        |    |                |
| 08 | Mike Lund        |    |                |
| 08 | Dave Parkinson   |    |                |
| 10 | Amy Blasco       |    |                |
| 10 | Daniel Schultze  |    |                |
| 13 | John Rollefson   |    |                |
| 17 | Kelly Lund       |    |                |

happy  
birthday

## HAPPY ANNIVERSARY

|          |                               |
|----------|-------------------------------|
| 10/06/06 | Sven Hammer & Kathryn Winfrey |
| 10/10/70 | Mike & Val Lund               |
| 10/17/87 | John & Rebecca Keisler        |



### LuMin Campus Ministry at Mt. Carmel

The LuMin Team invites you to join them on Tuesday mornings at Cuesta College. Meet students and faculty, Make connections, share info about Mt. Carmel, maybe even pray with a few passers by. Contact Patti Frey for more information and which Tuesdays they will be visiting the campus.

### PRAYING FOR OUR CHURCH COMMUNITY:

**October 6**—Dorothy Adams; Susan, Jim, & Emily Allan, and Rachel Whitson; Bill & Karen Almas

**October 13**—Dennis & Catherine Amling-Kessler; Russ Anderson; Carolyn Baker

**October 20**—Jess & Pat Bathke; Dave Becker; Sid & Beryl Bennett

**October 27**—Steve & JoAnn Bennett; Tony Bloodworth; Jennifer & Callie Bobell

**November 3**—Paul Bostrom; Susan Bouvette; Walt & Judy Bremer





# Mt. Carmel

LUTHERAN CHURCH

1701 Fredericks St.  
San Luis Obispo, CA 93405

Phone: 805-544-2133  
Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org)

ADDRESS SERVICE REQUESTED

## CHECK OUT FACEBOOK!

For updates from  
Mt. Carmel, go to  
[www.facebook.com/  
mtcarmelslo](http://www.facebook.com/mtcarmelslo)



**Southwest California Synod/Mt. Carmel  
Evangelical Lutheran Church in America**  
God's work. Our hands.

*Discussion:*

**The Hajj: Collected Essays**

**Led by Dr. Hisham Assal**

**and Sukkot led by Rabbi Jane Simon**

**OCTOBER**

**14**

**FAITH**

**WELCOME**

**OPENING DOORS OF  
INTERFAITH  
UNDERSTANDING**

**Congregation Beth David  
7:30 pm**

**10180 Los Osos Valley Rd.  
San Luis Obispo, CA 93401**