

Mt. Carmel

LUTHERAN CHURCH

The Summit

August 2019

*O Lord, how lovely it is to be your guest.
Breeze full of scents, mountains reaching to the skies;
Water's like a boundless mirror,
Reflecting the sun's golden rays and the scudding clouds.
All nature murmurs mysteriously, breathing depths of tenderness,
Birds and beasts of the forest bear the imprint of your love.
Blessed are you, mother earth, in your floating loveliness,
Which wakens our yearning for happiness that will last forever
In the land where, amid beauty that grows not old,
Rings out the cry: Alleluia!*

This beautiful poem/prayer by Gregory Petrov expresses the essence of what it means to say we believe in God, "creator of heaven and earth." For this confession of faith is not meant as an explanation of the mechanics of how the world came to be, but an expression of gratitude for the overflowing of God's love in unbounded hospitality. It is to recognize life as a gift of a gracious creator where "all nature murmurs mysteriously, breathing depths of tenderness" and bears "the imprint of your love."

Just as the poet perceives that nature points beyond itself to its creator, so our experience of the natural world "wakens our yearning for happiness that will last forever," a land where "beauty grows not old." This is the paradox within which we live each day, perhaps felt most strongly in the passing days of summer growth and abundance: to give thanks for the present beauty and blessings of life, and yet to experience a longing for that happiness which will know no end. And yet again, this is where the deepest meaning of our confession of God as the author of life is revealed: to believe in God the creator means to trust in that unbounded hospitable love from which nothing— not even death — can separate us.

Peace to you,
Pastor Richard

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**5 Healthy Habits:
Intentional Evaluative
Processes**
Sunday, August 25
~~~~~

**Coming in September...**

**God's Work, Our Hands  
Service Project**  
Sunday, September 8

**Rally Day**  
Sunday, September 15

**Congregational Meeting**  
Sunday, September 29

**Café Musique Concert**  
Sunday, September 29

**Sunday Worship  
at Mt. Carmel**  
Sunday Worship Service

9:30am

Holy Communion is offered at all  
Sunday worship services.

Join us for coffee on the patio  
immediately following the service.

## THE JOURNEY FORWARD

The third Adult Forum took place on July 28th with 30+ people attending. The Discussion centered on adding another tool to the Healthy Behaviors tool kit. That now gives us two tools to work with, the first one was Open to Change, i.e., be the change that you want to see at Mount Carmel.

The second tool we discussed is Listening. Listening is an active process that has three basic steps, hearing, understanding, and judging. Hearing means that you catch what the speaker is saying and can repeat it back.

Understanding means that you take what has been said and can interpret it. Judging means to make sure that what you heard is what the speaker said. Keep your body language open and focused on the speaker.

There was a spirited discussion among the group regarding this tool. Now the Team will be meeting with all of the ministries, committees, and groups during the month of August to further discuss and practice the use of this tool.

Also at this forum, the group was asked to complete a brief two question survey. The first question was: *Have these forums been informative and/or helpful?* The rating scale was 1-5 with 1 being not so much, and 5 being definitely. 24 people answered this question. The overall composite rating was 3.6.

The second question was: *Do you feel positive moving forward with the five healthy habits?* 24 people also answered this question. The overall composite rating was 4.0.

16 people also added comments, 8 did not. The comments were varied, but positive; most just want to see better communication among all of the members of the congregation. These comments will be helpful in fully rolling out this too, and as we move ahead with the other tools.

**MARK YOUR CALENDAR NOW!!!** *The next healthy habit forum will be held on AUGUST 25, during Adult Forum time.*

Journey Forward Team:

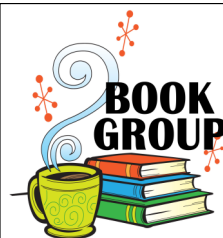
Pastor Richard  
Marilyn Brown  
Kevin Dong  
John Kiesler  
Jackie Kinsey  
Betty Johnson

## ADULT FORUM

Sundays 11:00AM

Quist Hall

**August 25** — “*Journey Forward: Intentional Evaluative Processes*”: At Mt. Carmel, leadership will use processes that are intentional, defined and collaborative to determine outcomes, and to structure ongoing change.



## MT. CARMEL BOOK CLUB

Sunday,

August 11 at 6:00 pm  
Karen Petersen's home

The Book Club is reading *The Invention of Wings* by Sue Monk Kidd. Set in early 19th century Charleston, this is a triumphant story about the quest for freedom and empowerment by two unforgettable women: Hetty “Handful” Grimke, an urban slave, and Sarah, the Grimkes’ idealistic daughter.

Copies are available in the church office.



## BROWN BAG LUNCH

Friday, August 9  
12:00 noon

Bring your lunch and your friends to Quist Hall for our monthly Brown Bag Lunch. We’ll have lunch together followed by a presentation by our guest speaker.

Questions - Nancy Priddy, 805-459-9249

## WOMEN’S RETREAT

Cambria Pines Lodge  
October 18-20

Sign-up soon for the Women’s Retreat. Our speaker is, Mary Stein-Webber, MDJV, LMFF, and her topic will be “Resurrections in Our Lives”, “How God breaks in when it is still dark.” It will be based on the story in the book of Luke, of Mary going to the Garden and finding an empty tomb. Suddenly, she hears someone calling her name...

Cost for the weekend is \$250, with an \$80 deposit due at sign-up. Bring a friend and sign-up today!



## FALL KICKOFF

### GOD'S WORK, OUR HANDS SUNDAY, SEP 8

"God's Work, Our Hands" is a national service day sponsored by the Evangelical Lutheran Church in America. On Sunday, September 8, Mt. Carmel will be joining with thousands of other Lutheran churches around the US affirming our calling to be the church "for the world." After a special fall "Homecoming" worship at 9:30am, we will gather for a meal and then participate in a service project. Watch for more information in the coming weeks.

### RALLY DAY SUNDAY, SEP 15

Find out what the plans are for the coming year. Meet the Sunday school teachers, learn about upcoming Adult Forums, and what activities are coming soon.

*Mt. Carmel Lutheran Church presents:*



*...in concert*

*September 29, 2019, 3:00 pm  
(Doors open at 2:30 pm)*

*Free will donation at the door  
Suggested donation - \$20.00  
(cash or checks - made to MCLC)*

This is the first in a 3-part concert series benefitting "MUSIC IN THE SCHOOLS" and San Luis Coastal music programs:

*Jan 26, 2020*

*Dave Becker Jazz and "Sax Spectacular"*

*March 29, 2020*

*Inga Swearingen and her Band*

## VACATION BIBLE SCHOOL

Vacation Bible School was a great success! We had 78 children and over 25 youth and adult volunteers. During the week, the children learned that God's word is true, surprising, comforting, life changing, and for everyone. Thank you to everyone who donated items, time, and prayers for VBS! So grateful to be a part of this community.



| DATE        | ACOLYTES     | COFFEE SERVERS    | COMMUNION ASSTS                                   | GREETERS         | LECTORS                   |
|-------------|--------------|-------------------|---------------------------------------------------|------------------|---------------------------|
|             | COORDINATOR  | COORDINATOR       | COORDINATOR                                       | COORDINATOR      | COORDINATOR               |
|             | John Keisler | Carol Harvey      | Office                                            | Office           | Wayne Lippold             |
| <b>8/4</b>  |              | Vicky Tway        | Janis Sexton; Diane Mansell; Maureen Dresp        | Ro Cannon-Miller | Nancy Cook                |
| <b>8/11</b> |              | Ro Cannon-Miller  | Karen Petersen; Betty Johnson; Jenice Twomey      | Betty Johnson    | Steve Bennett             |
| <b>8/18</b> |              | Mike & Val Lund   | Sandy Rowland; Cyndi Rollefson; Nancy Priddy      | Cyndi Rollefson  | Wayne Lippold             |
| <b>8/25</b> |              | Jess & Pat Bathke | John & Nancy Cook; Mike Dresp; Lisanne Martinelli | Pat Forrest      | Allison & Deanna Schultze |
| <b>9/1</b>  |              | Carole Harvey     | Janis Sexton; Diane Mansell; Maureen Dresp        | Janis Sexton     | Bob Grosse                |

\*Reminder:

If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.

### FLOWER SPONSORS

|             |                      |
|-------------|----------------------|
| August 4    | Pat Ramsay           |
| August 11   | Dale & Betty Johnson |
| August 18   | Jenice & Phil Twomey |
| August 25   | Todd Schnack         |
| September 1 | Ken & MaryAnn Jakes  |

### FRIDAY MORNING OFFICE VOLUNTEERS

|           |                |
|-----------|----------------|
| August 2  | Dorothy McCoid |
| August 9  | Carol Winger   |
| August 16 | Maureen Dresp  |
| August 23 | Pat Forrest    |
| August 30 | Pat Ramsay     |

### MOUNT CARMEL COUNCIL MEMBERS

|                         |                  |
|-------------------------|------------------|
| <b>President</b>        | Marshall Pihl    |
| <b>Vice President</b>   | Patti Frey       |
| <b>Treasurer</b>        | Sherri Parkinson |
| <b>Secretary</b>        | John Merrill     |
| <b>Members at Large</b> | Jenice Twomey    |
|                         | Carol Harvey     |
|                         | Jan Uder         |
|                         | Matthew Schultze |
|                         | Wayne Lippold    |

IF YOU WOULD LIKE TO RECOGNIZE  
SOMEONE SPECIAL, CONSIDER SPONSORING  
FLOWERS FOR OUR CHANCEL.

Two bouquets for \$55.00.  
Thank you, Jeanie Schultz, Altar Guild



| DATE                                                                                                                                                                       | USHERS                                                          | SOUND BOARD    | POWER POINT       | ALTAR GUILD    | CHILDREN'S CHURCH |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------|-------------------|----------------|-------------------|
|                                                                                                                                                                            | COORDINATOR                                                     | COORDINATOR    | COORDINATOR       | COORDINATOR    | COORDINATOR       |
|                                                                                                                                                                            | Jess Bathke                                                     | Marshall Pihl  | Marshall Pihl     | Jeanie Schultz | Ingrid Frokjer    |
| <b>8/4</b>                                                                                                                                                                 | Steve Bennett; John Sexton                                      | Marshall Pihl  | Carol Grosse      | Vickie Tway    | Ingrid Frokjer    |
| <b>8/11</b>                                                                                                                                                                | Norm & Mollie Smith; Linda Schultze                             | John Perreault | Matthew Moersdorf | Mollie Smith   | Sandy Rowland     |
| <b>8/18</b>                                                                                                                                                                | Dorothy McCoid; Mike & Val Lund                                 | Marshall Pihl  | Linda Schultze    | Dorothy McCoid | Val Lund          |
| <b>8/25</b>                                                                                                                                                                | Warren Quist; John Merrill; Andy Frokjer; Carol & Donley Winger | John Perreault | Dave Parkinson    | Pat Forrest    | Diane Mansell     |
| <b>9/1</b>                                                                                                                                                                 | Steve Bennett; Jess & Pat Bathke; John Sexton                   | Marshall Pihl  | Carol Grosse      | Maureen Dresp  | Ingrid Frokjer    |
| <p style="text-align: center;">*Reminder:<br/>If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.</p> |                                                                 |                |                   |                |                   |



**The People's Kitchen**  
of San Luis Obispo

**Mt. Carmel serves again on August 2nd at 11:45 AM at Prado Day Center.**

Volunteers: Thank You, and be sure to check the schedule below for what is needed.

*Please find your own substitutes if you cannot provide this month.*

Email Jan Uder at [j.uder@yahoo.com](mailto:j.uder@yahoo.com) if you have any questions about The People's Kitchen program or would like to volunteer.

**Please have your clearly marked items at church by 11:00am,(heated and ready to go)**

## August PEOPLE'S KITCHEN SIGN-UPS,

**Our volunteers on August 2:**

***Hot Dish (serves 12+)***

Steve Bennett  
Kevin & Wendy Dong  
Jeanne Eggert  
Sherri Parkinson  
Mollie Smith  
Betty Johnson  
Carol Harvey  
Marci Lippold  
Rebecca Keisler  
Margot Hemmersbach  
Dorothy McCoid  
Carol Grosse

***Salad (serves 12+)***

***2 Large Cans of Fruit***

***2 Gallons Whole Milk***

## Looking ahead to September 6:

***Hot Dish (serves 12+)***

Dianne Drazé  
Marilyn Brown  
Judie Kirkhart  
Annette Martin  
Laurie Musial  
Nancy Priddy  
Nancy Cook  
Janis Sexton  
Ingrid Frokjer  
Jennifer Remington  
Carol Winger  
Maureen Dresp  
Sheryl Garnsey

***Salad (serves 12+)***

***2 Large Cans of Fruit***

***2 Gallons Whole Milk***



## JULY IN REVIEW

Memorial Garden Makeover—July 2019



Warren Quist's 95th Birthday BBQ—July 21, 2019



Pride in the Plaza Festival—July 14, 2019



New Tool Shed—July 2019



Dedication of rock from Mt. Carmel, Israel



Got something you want to celebrate or commemorate?  
E-mail the details/pictures to the church office - [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) - for publication in this newsletter and our weekly "Vistas" announcements!  
**Deadline for September Summit is August 20**

### Mount Carmel Staff

|                               |                                |
|-------------------------------|--------------------------------|
| <i>Rev. Richard Rollefson</i> | Interim Pastor                 |
| <i>Paul Woodring</i>          | Organist                       |
| <i>Dave Becker</i>            | Director of Contemporary Music |
| <i>Tony Bloodworth</i>        | Custodian                      |
| <i>Mary Ann Jakes</i>         | Parish Administrator           |

**Church Office Hours 9:00am—3:00pm Monday-Friday**

**Phone 805-544-2133**

**Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org) [www.mtcarmelslo.org](http://www.mtcarmelslo.org)**

**Our pastoral staff is here for you.**

In time of crisis, please contact the church office or Pastor Richard Rollefson 858-349-8862

**AUGUST  
12**

*Discussion:*  
"This Is My God" by Herman Wouk  
presented by Dr. Rich Carsel and  
"Islamic Ethics and the Environment"  
presented by Naiyerah Kolkailah



## OPENING DOORS OF INTERFAITH UNDERSTANDING

**Misson San Luis Obispo**  
**7:30 pm**

751 Palm St.  
San Luis Obispo, CA 93401

## BIBLE STUDIES

Friday Morning at 10:00 AM  
Four Cats Café  
1531 Monterey St.  
San Luis Obispo



Saturday Mornings at 8:00 AM  
Men's Breakfast & Bible Study  
Mt. Carmel in the Brick Area

## AUGUST BIRTHDAYS

|    |                |    |                   |
|----|----------------|----|-------------------|
| 03 | Dorothy McCoid | 25 | Jenni Kinsey      |
| 06 | Marci Lippold  | 27 | Stephen Parkinson |
| 06 | Linda Schultze | 29 | Dennis Brown      |
| 11 | Tony Huffaker  | 29 | Fiona Huffaker    |
| 14 | Sarah Pihl     | 30 | Susan Allan       |
| 15 | Ariana Tway    |    |                   |
| 17 | Khloe Mansell  |    |                   |
| 18 | Patti Frey     |    |                   |
| 19 | Wende Dong     |    |                   |
| 20 | Andy Frokjer   |    |                   |
| 21 | Wayne Lippold  |    |                   |
| 21 | Chris Schultz  |    |                   |
| 25 | Karen Almas    |    |                   |

happy  
birthday

## HAPPY ANNIVERSARY

|          |                              |
|----------|------------------------------|
| 08/05/06 | Chris & Brittany Nicol       |
| 08/08/59 | Dale & Betty Johnson         |
| 08/12/67 | Dean & Kathy Meyer           |
| 08/14/93 | Sue & Kelly Haas-Clark       |
| 08/28/54 | Sid & Beryl Bennett          |
| 08/28/77 | Steven Jobst & Jill Anderson |
| 08/29/09 | Ian & Rachel Mansell         |
| 08/31/71 | Norm & Mollie Smith          |
| 08/31/91 | Wayne & Marci Lippold        |
| 08/31/97 | Richard & Cyndi Rollefson    |

## PRAYING FOR OUR CHURCH COMMUNITY:

**August 4**—David & Sharon Lonsway; Walt & Helen Rehm;  
John & Ruth Rollefson

**August 11**—Richard & Cyndi Rollefson; Sandy, Ava, & Lucas  
Rowland; Todd, Rebecca, Jessica, Jason, & Matthew Schnack

**August 18**—Karen Schultze; Linda Schultze; Matt, Deanna, Allie,  
Daniel, & Adrian Schultze

**August 25**—Jeanie & Gary Schulz; John & Janis Sexton; Norm &  
Mollie Smith





# Mt. Carmel

## LUTHERAN CHURCH

1701 Fredericks St.  
San Luis Obispo, CA 93405

Phone: 805-544-2133  
Email: [info@mtcarmelslo.org](mailto:info@mtcarmelslo.org)

ADDRESS SERVICE REQUESTED

### CHECK OUT FACEBOOK!

For updates from  
Mt. Carmel, go to  
[www.facebook.com/  
mtcarmelslo](http://www.facebook.com/mtcarmelslo)



**Southwest California Synod/Mt. Carmel**  
**Evangelical Lutheran Church in America**  
God's work. Our hands.

### BACK LOT MINISTRY UPDATE

Please plan to attend one of the upcoming opportunities for discussions regarding the proposed back lot sale and ministry opportunities. Regional neighborhood meeting locations are being scheduled between August 11 to 25. Locations and dates will be finalized soon. Once they are all set, council members will make phone calls to all members to match each with a meeting time and location.

The basic agenda at each meeting will be:

1. A review of the "back lot history" (10 minutes)
2. A review of the updated LOI and explanation of what the project is (and is not). (20 minutes)
3. Discussion about Mt Carmel's vision and values. (15 minutes)
4. Ideas for what Mt Carmel could do with the money from the sale to further our ministry. The intent is to gather ideas and dreams. The focus needs to be on ministry opportunities. (45 minutes)

A council member will attend each meeting to facilitate and take notes. The Council will gather the data, share the data with the congregation in an Adult Forum on September 22, and develop a proposal for how to advance ministry.

We will have a congregational meeting in Quist Hall on September 29 to address two issues:

1. Authorize Council to move forward with sale of the lot based on the provisions of the Letter of Intent.
2. A resolution for how the funds from the sale would/could be used to support ministry.

Please plan to attend a meeting and share your visions for ministry.