

Mt. Carmel

LUTHERAN CHURCH

The Summit

June
2019

Although we are still in the fifty days of Easter in our church year, it will soon be Pentecost. Pentecost celebrates the outpouring of the Spirit that first gave birth to the Church. Jesus promised his disciples that he would not leave them alone and helpless, but would send a presence to provide counsel, hope and encouragement as they continued to minister in his name. It is this mysterious, indwelling, empowering presence that we celebrate on Pentecost and throughout the season to come.

What Pentecost and the out-pouring of the Spirit means is that the Church –including Mt. Carmel Lutheran– is a part of God's unfolding plan to bring hope and healing to a broken and hurting world. St. Paul uses the image of the Church as "the body of Christ" to help us understand this God-given ministry and mission. In and through our baptismal calling we are commissioned to continue the ministry of Christ: to proclaim the good news of God's love, to touch the wounded with hands of healing, to go to those in need of hope and peace.

At times it may seem that it is beyond our capabilities to live out this high and holy calling. Yet it is not by our own power that we are Christ's body but through the counsel, encouragement and strengthening of the Spirit's presence with us. As we trust in and rely upon the gift of divine inspiration to fulfill our calling, we ourselves are renewed. It is this promise of the Spirit – the gift of Pentecost and our own baptisms – that is the sacred source and sustaining presence of our life and ministry together.

Peace,

Pastor Richard

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Congregational Meeting

Sunday, June 2 at 11:00am

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### Graduation Sunday

Sunday, June 2

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Blues Baseball

Sunday, June 23

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### 5 Healthy Habits:

#### Open to Change

Sunday, June 30

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....and more

Sunday Worship at Mt. Carmel

Sunday Worship Service

9:30am

Holy Communion is offered at all
Sunday worship services.

Join us for coffee on the patio
immediately following the service.

Mt. Carmel's Journey FORWARD

Part of Mt. Carmel's Journey Forward is to learn and practice healthier habits as a congregation. We had a positive and encouraging conversation at the Adult Forum on May 5 about how these habits can contribute to a healthy Mt. Carmel.

Open to Change: *At Mt. Carmel, we are willing to respectfully listen, support and advance ideas or actions that align to our shared mission and vision, realizing that change is necessary for growth.*

We are starting with this behavior first because it is at the root of all that will come after it. We have been through a lot of change in the past two years, and more change is necessary to reach a healthier place as a congregation and to strive to live out our **mission** and achieve our **vision**. How we respond to and embrace this change is what will make the difference between failure and success.

As you learn more about how and why we need to be open to change, you may recognize places in our past where we stumbled with this concept. You might be able to think of situations when you or someone else in our congregation failed to be open to change, or didn't present or implement a new idea well, or wouldn't support change being implemented by our leaders, or were disrespectful in their objections.

We need to forgive ourselves and others for our shortcomings. We are *imperfect* humans, but we are *good* people doing the best we can with the knowledge we have at the moment. As we gain new knowledge and develop healthier habits, we move forward and hold ourselves lovingly accountable for doing things differently now and in the future.

We want to hear all ideas from all people! There is value in the insight and wisdom of others. We want those people to be treated respectfully and given consideration when they share those ideas. As we sift through these ideas and evaluate their appropriateness for our congregation, we will use our **mission** and **vision** as a measuring stick. We may adopt new programs and/or end existing ones based on how well they support the direction we have agreed to move in. And as we open up to new ideas, we will find some amazing new practices and programs that help us to celebrate God's grace, rejoice in Christ, grow in faith and act in love as we are committed to doing.

In the coming weeks and months, we will discuss questions such as:

- What does it look like to be "open to change"?
- What does the scripture say about the value of change?

Join us for Adult Forum on **June 30** for a discussion about the healthy habit of being "Open to Change."



Open to Change: *At Mt. Carmel, we are willing to respectfully listen, support and advance ideas or actions that align to our shared mission and vision, realizing that change is necessary for growth.*

Listen to Understand: *At Mt. Carmel, we listen respectfully to all voices to understand with an open heart and an open mind.*

Intentional Evaluative Processes: *At Mt. Carmel, leadership will use processes that are intentional, defined and collaborative to determine outcomes, and to structure ongoing change.*

Accept Decisions Processed Well: *At Mt. Carmel, we accept decisions made using intentional, defined and collaborative processes that allow broad input to evaluate and express concerns.*

Loving Accountability: *At Mt. Carmel, we use Christ as the model of how lovingly to hold*

Mt. Carmel Norms Team

Phil Twomey (Chair)	John Keisler
Karen Almas	Jackie Kinsey
Marilyn Brown	Joan Pedersen
Kevin Dong	Kathy Towle

ADULT FORUM
Sunday 11:00AM
Quist Hall

June 30 — "Journey Forward: Open to Change"



MT. CARMEL BOOK CLUB
Sunday,
July 14 at 6:00 pm
Karen Petersen's home

The Book Club has two books available for your enjoyment in June & July:

The first book is a novel set in the not-to-distant future. *The Age of Miracles* by Karen Thompson Walker finds Julia and her family adjusting to a 'new normal' as the rotation of the earth suddenly begins to slow. With the magic of a born storyteller, the author gives us a breathtaking portrait of people finding ways to go in an ever-evolving world.

The second novel, *A Gentleman In Moscow* by Amor Towles, tells the story of Count Alexander Rostov in 1922 Russia. Hailed for its humor, intrigue, and beautifully rendered scenes, this singular novel casts a spell as it relates the Count's endeavor to become a man of purpose.

Copies are available in the church office.



BROWN BAG LUNCH
Friday, June 14
12:00 noon, Quist Hall

Bring your lunch, a friend, and your interest to hear our guest speaker, Michele Garner, Lead for the SLO chapter of Moms Demand Action for Gun Sense in America. This is a grass roots movement of Americans fighting for public safety measures that can protect people from gun violence, and is part of Every Town for Gun Safety — the largest gun violence prevention organization in the country with more than 5 million supporters and more than 350,000 donors.

Come hear what they are doing to protect us from the increasing gun violence in the country. Contact Nancy Priddy at 805-459-9249 with questions and to RSVP.

Mt. Carmel Youth

JUNE YOUTH NEWS

June 2: Recognition of graduates during church

(Please watch your email for changes and updates to the above schedule.)



Lily Hinds Confirmation
May 19, 2019



VACATION BIBLE SCHOOL

July 22–26, 9:00am–2:00pm

Are you looking for a week of one-of-a-kind FUN this summer? Then you'll want to head to Mt. Carmel for games, crafts, songs, skits, and stories about God's love!



Children preschool to entering 6th grade are invited to join us for VBS. Morning snack is included. Please provide a sack lunch. Register early — space is limited! Sign up forms are available in the narthex and on our website. Cost is \$50 per child. For more info, contact the church office at 805-544-2133, or Ingrid Frokjer at ingrid.frokjer@gmail.com.

DATE	ACOLYTES	COFFEE SERVERS	COMMUNION ASSTS	GREETERS	Lectors
	COORDINATOR	COORDINATOR	COORDINATOR	COORDINATOR	Coordinator
	John Keisler	Carol Harvey	Office	Office	Wayne Lippold
6/2	Allison Schultze	Steve & JoAnn Bennett; Jan Uder	Janis Sexton; Diane Mansell; Maureen Dresp	Ro Cannon-Miller	Allison & Deanna Schultze
6/9	Lily Hinds	Carol Harvey	Karen Petersen; Betty Johnson; Jenice Twomey	Betty Johnson	Bob Grosse
6/16		Mike & Val Lund	Sherri & Makenna Parkinson; Cyndi Rollefson; Nancy Priddy	JoAnn Bennett	Steve Bennett
6/23		Vicky Tway	John & Nancy Cook; Mike Dresp; Lisanne Martinelli	Pat Forrest	Jenice Twomey
6/30		Ro Cannon-Miller	Cyndi Rollefson; Sandy Rowland; Jenice Twomey	Ro Cannon-Miller	Jess Bathke
			Please note that we need additional assistants on the days we have communion by intinction.		

*Reminder:

If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.

FRIDAY MORNING OFFICE VOLUNTEERS

June 7	Dorothy McCoid
June 14	Carol Winger
June 21	Maureen Dresp
June 28	Pat Forrest

IF YOU WOULD LIKE
TO RECOGNIZE
SOMEONE SPECIAL,
CONSIDER SPONSORING
FLOWERS FOR OUR CHANCEL.
Each bouquet is \$27.50 or \$55.00.
Thank you, Jeanie Schultz
Altar Guild



MOUNT CARMEL COUNCIL MEMBERS

President	Glen Priddy
Vice President	TBD
Treasurer	Sherri Parkinson
Secretary	Jenice Twomey
Members at Large	JoAnn Bennett
Sandy Rowland	John Merrill
Matthew Schultze	Val Lund

DATE	USHERS	SOUND BOARD	POWER POINT	ALTAR GUILD	CHILDREN'S CHURCH
	COORDINATOR	COORDINATOR	COORDINATOR	COORDINATOR	Coordinator
	Jess Bathke	Marshall Pihl	Marshall Pihl	Jeanie Schultz	Ingrid Frokjer
6/2	Steve & JoAnn Bennett; Jess & Pat Bathke; John Sexton	Marshall Pihl	Carol Grosse	Mollie Smith	Ingrid Frokjer
6/9	Bob & Carol Grosse; Jeannie Schultz; Linda Schultze	John Perreault	Matthew Moersdorf	Maureen Dresp	Sandy Rowland
6/16	Alan Estes; Dorothy McCoid; Mike & Val Lund	Marshall Pihl	Linda Schultze	Dorothy McCoid	Val Lund
6/23	Warren Quist; John Merrill; Andy Frokjer; Carol & Donley Winger	John Perreault	Dave Parkinson	Pat Forrest	Diane Mansell
6/30	Norm & Mollie Smith; Dale & Betty Johnson	Marshall Pihl	TBD	Vickie Tway	Ingrid Frokjer
				Next Altar Guild Meeting is June 13, 2:00pm	



**The
People's
Kitchen**
of San Luis Obispo

**Mt. Carmel serves again on June 7th at 11:45 AM
at Prado Day Center.**

Volunteers: Thank You, and be sure to check the
schedule below for what is needed.

Please find your own substitutes if you cannot provide this month.

Please email Jan Uder at j.uder@yahoo.com if you have any
questions about The People's Kitchen program.

Please have your clearly marked items at church by 11:00am,(heated and ready to go)

June PEOPLE'S KITCHEN SIGN-UPS,

Our volunteers on June 7:
Hot Dish (serves 12+)

Janis Sexton
Kathy Towle
Pat Forrest
Cyndi Rollefson
Brown
Jan Uder

Salad (serves 12+)

Judy & Walt Bremer
Kathy Meyer

2 Large Cans of Fruit

Karen Columbo
Jennifer Bobell

2 Gallons Whole Milk

Tina Muller
Julie Martin

Looking ahead to July 5:

Hot Dish (serves 12+)

Linda Lex
Sandy Rowland
Judy Tewell
Sheilah Tiejte
David Lonsway
Sid & Beryl Bennett
Rheinisch
Rebecca Christensen
Karen Bockelman
Sue Cummings
Jess & Pat Bathke
Ro Cannon-Miller

Salad (serves 12+)

2 Large Cans of Fruit

2 Gallons Whole Milk

PANCAKE PALOOZA

Monday, June 10 - 10pm to midnight



Take a break from studying, bring your friends, and enjoy FREE (really? FREE? Yes, FREE!) PANCAKES!!!
ALL students are welcome.

Mount Carmel Lutheran Church
1701 Fredericks St.
(corner of Grand Ave. and Hwy 101-S on-ramp)
805-544-2133
LCMSLO.ORG/

lutherancampusministry
MT. CARMEL LUTHERAN CHURCH • SAN LUIS OBISPO, CA

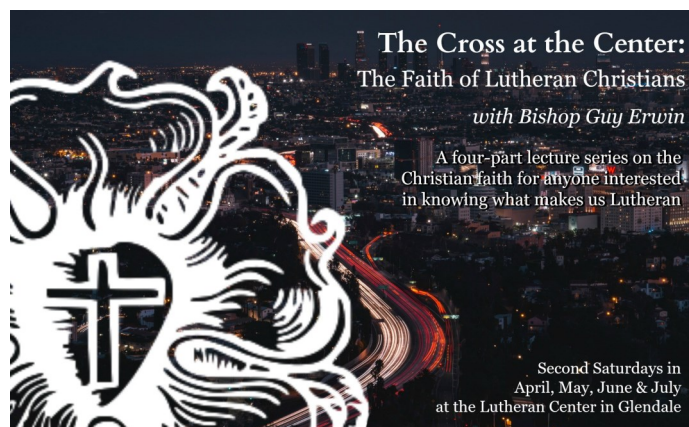
Sunday Afternoon Baseball

June 23, 1:00PM

Sinsheimer Stadium
900 Southwood Drive
San Luis Obispo



The congregation is invited to join in the fun at the ballgame with the SLO Boys and Girls Club. **Contact Bob Grosse before June 9 to reserve your free tickets.** Kids under 12 are free every day.



Hope Lutheran in Atascadero is hosting a viewing of the Facebook series by Bishop Guy Erwin.
Saturday, June 8: *Cancelled at this location*
Saturday, July 13: 12 noon–2pm (bring lunch & beverage)
Call Pat Forrest for further info

Got something you want to celebrate or commemorate?
E-mail the details/pictures to the church office
- info@mtcarmelslo.org - for publication in this newsletter
and our weekly "Vistas" announcements!
Deadline for July Summit is June 20

Mount Carmel Staff

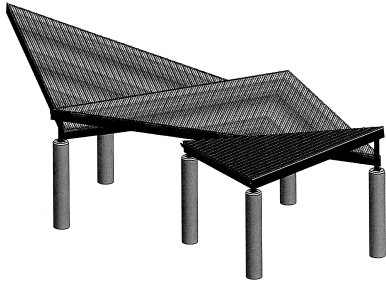
Rev. Richard Rollefson	Interim Pastor
Paul Woodring	Organist
Dave Becker	Director of Contemporary Music
Tony Bloodworth	Custodian
Mary Ann Jakes	Parish Administrator

Church Office Hours 9:00am–3:00pm Monday- Friday
Phone 805-544-2133
Email: info@mtcarmelslo.org www.mtcarmelslo.org

Our pastoral staff is here for you.

In time of crisis, please contact the church office or
Pastor Richard Rollefson 858-349-8862

MT. CARMEL ENTRY CANOPY



Two Cal Poly students have designed a permanent canopy structure to replace the canvas shades currently covering our entryway. The new structure will be installed in phases during May, and will use the existing posts as a footprint for the new cover. Thank you to Austin Henry and Matt Kesselring for their design and work on this project.

JULY BIRTHDAYS

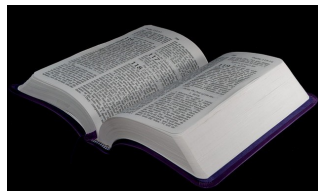
2	Ro Cannon-Miller	21	Paul Christensen
4	Aiden Dellinger	23	Callie Bobell
4	Vicky Tway	24	Sherri Parkinson
5	Beverly Gingg	28	Lisanne Martinelli
7	Pat Bathke	30	Greig Cummings
9	Ariana Holman		
11	Sally Reck		
16	John Sexton		
17	Lily Hinds		
19	Erin Malone		
20	Dennis Amling		



BIBLE STUDIES

Friday Morning at 10:00 AM
Four Cats Café
1531 Monterey St.
San Luis Obispo

Saturday Mornings at 8:00 AM
Men's Breakfast & Bible Study
Mt. Carmel in the Brick Area



HAPPY ANNIVERSARY

06/10/61	Harry & Treva Thornton
06/10/06	Charles & Desiree Dellinger
06/12/76	John & Janis Sexton
06/14/52	Gary & Jeanie Schultz
06/14/69	Michael & Dianne Draz
06/17/72	John & Ruth Rollefson
06/17/11	Andy & Ingrid Frokjer
06/19/04	Carlyn & John Hinds
06/20/87	Kevin & Wende Dong
06/29/57	Robert & Mary Christenson

Dave Becker Trio

Sunday, June 9
First Presbyterian Church, SLO

PRAYING FOR OUR CHURCH COMMUNITY:

June 2—Mike, Val, & Wyatt Lund; Holly & Cooper Lyle; James Davison, Erin Malone, Evalea, & Maia Malone-Davison
June 9—Diane & Ryan Mansell; Ian, Brooklyn, Khloe, & Rachel Mansell; Lisanne Martinelli
June 16—Julie & Jenny Martin; Dorothy McCoid; John Merrill
June 23—Dean & Kathy Meyer; Jeanne Miller; Jack & Roberta Moen
June 30—Chris, Brittany, Reagan, & Gavin Nicol; Margaret O'Neill; Dave, Sherri, Stephen, & Makenna Parkinson



Mt. Carmel

LUTHERAN CHURCH

1701 Fredericks St.
San Luis Obispo, CA 93405

Phone: 805-544-2133
Email: info@mtcarmelslo.org

Gather, Grow, Go

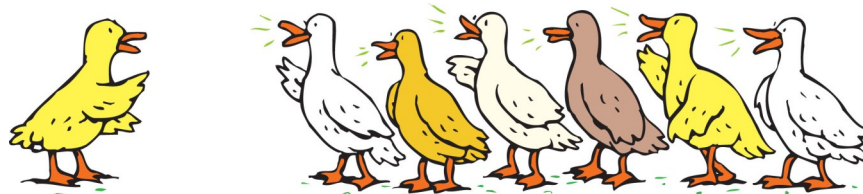
CHECK OUT FACEBOOK!

For updates from
Mt. Carmel, go to
[www.facebook.com/
mtcarmelslo](http://www.facebook.com/mtcarmelslo)

ADDRESS SERVICE REQUESTED



Southwest California Synod/Mt. Carmel
Evangelical Lutheran Church in America
God's work. Our hands.



ANNUAL MEETING

ANNUAL CONGREGATIONAL MEETING
SUNDAY, JUNE 2, 2019

Mark your calendar and attend our Annual Congregational Meeting. The election of officers and council members will be held during the meeting. All members are invited and encouraged to attend. Your voice and your vote is very important! Food will be provided.