



FAREWELL AND GODSPEED TO BOB AND MARY

With mixed emotions the day has come to wish Bob and Mary Christenson a heart-felt farewell and Godspeed to their new home in Santa Barbara.

After thirty years of service in the US Navy, it was Mary that said it was time to retire. They searched long and hard for the perfect place to live their next chapter; what could be better than San Luis Obispo? It was in 1986 they arrived and quickly became involved at Mt. Carmel and in the community.

This page could be filled with the many ministries they have been involved in, but their service to the Lord was always their main focus. Bob and Mary were always ready to lend a hand, visit those in need, or give words of encouragement. A heart-felt hug was always mutually welcomed.

Out in the community their energy was spent on the SLO Botanical Gardens, OperaSLO, & Lutheran Social Services to name just a few. Close to Bob's heart was helping the homeless and serving on the Interfaith Coalition for the Homeless. Mary worked quietly in the background, always with a smile, kind words, and advice that came from the heart.

To know Bob and Mary is to know that they do all things with their love of Christ and as a witness to their faith. (Being the humble servants that they are, they are probably scoffing as they read this.)

Will we miss them? Unbearably. How can we honor them? By showing the same grace and faith when serving. Step up to the plate when you see a need. Try to fill the void they will leave behind.

Bob and Mary, know that you will be sorely missed, but also know that the love you have shown for the Lord, the Body of Christ, and the Community will sustain us. Blessings to you now and forever.

October 7th is Bob and Mary's last day in church. Please join us for a reception in Quist Hall following the service. There will be cake!



Adult Forum Hour-Looking Ahead

Sunday, September 30, 11:00am

Join Council President Glen Priddy and other Council members for questions and answers session and discussion in Quist Hall. We will discuss the issue of re-engaging Turning West.

The Turning West continuation proposal summary, including timeline, has been posted on our website.

Please join in the conversation.

<https://mtcarmelslo.org/>

OCTOBER
2018

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Don't forget to pick up your enchiladas after church on September 30th.



Sunday Worship at Mt. Carmel

Sunday Worship Service

9:30am

Holy Communion

Education Hour 11:00am

Join us for coffee on the patio immediately following the service.

WOMEN'S RETREAT November 9-11

There are only a few openings left for the Women's Retreat, to be held at the Cambria Pines Lodge.

Topic: "in the Hands of the Potter", based on Isaiah 64:8 'We are the clay, you are our potter; we are the work of your hand'. Our leader will be Amanda Berg, Spiritual Directory and Retreat Facilitator. Total cost for the weekend is \$250, which includes lodging, meals and the program.

Please join us for a weekend of spiritual renewal and fellowship. Questions or to register... come to the enchilada sales table after service, or contact Nancy Priddy, 805-459-9249



MEN'S ADVANCE October 26-28 El Camino Pines Retreat and Conference Center

Join men from Mt. Carmel and others throughout the Southwest Synod to learn how to become Faith Warriors. Dr. Terry Paulson, an award winning speaker and Masters in Lay Theology from Fuller Seminary, will present the Apostle Paul's Admonition to Believers on how and what it means to put on the full armor of God each day! Join us for great discussions and study, food, fellowship, recreation, and music.

Cost is \$75 for the day,

\$150 for the weekend.

For more information and

transportation

contact: John Keisler,

rebjohn50@hotmail.com

or 805-543-4259



Got something you want to celebrate or commemorate?
E-mail the details/pictures to the church office
- info@mtcarmelslo.org - for publication in this
newsletter and our mid-month "Vistas" announcements!
Deadline for November Summit is October 22

ADULT FORUM

The Adult Forums for this worship year are underway with programs currently scheduled at 11-11:45 am each week in Quist Hall. We foresee forums having a variety of offerings in support of Christian understanding of our faith with occasional programs from the Church Council and Ministry team leaders to provide information and communications on activities affecting the congregation.

One thing different from other years is that we will not have pastoral-led programs or pastoral guidance for the next several months. We will need to be 'self-led' and 'self-taught' in Bible studies and other devotional forums for the near-term, and as a result, the Adult Ed team welcomes any ideas that you may have for forum programs.

Are there specific books of the Bible, discussion topics or Christian beliefs you would like to see explored? For example, areas of Luther's Small Catechism you would like to review, Bible studies on one of Paul's letters, or specific inter-faith discussions? Please speak up and let the Adult Ed team know. We want to tailor the Adult Forums to your desires.

MCLC BOOK CLUB-SUNDAY, OCTOBER 14, 6:00PM

The Burgess Boys, by Elizabeth Strout

Join us again for thoughtful discussion and delicious snacks. This book is not available in the SLO Library Book Club box but there are several copies in the SLO system if you request in advance. Meeting in the home of Karen Petersen.



STEPHEN MINISTRY CLASS

Meets Mondays at First Pres. 9:00-11:30am

A Stephen Minister walks alongside a brother or sister in Christ who is experiencing a life crisis. Stephen Ministry is distinctively Christian caregiving, not counseling or therapy. The twenty week class will meet for two and half hours on Monday mornings. You can still join the class

If you have questions about Stephen Ministry, are interested in enrolling in the class, or feel you could benefit from the services of a Stephen Minis-



**STEPHEN
MINISTRY**

Lutheran Campus & Young Adult Ministry

Bible Study

We are studying Brennan Manning's book *The Ragamuffin Gospel: Good News for the Bedraggled, Beat-Up and Burnt Out* during the education hour following worship.

Manning wrote the book

"for [him]self and anyone who has grown weary and discouraged along the Way...

for the wobbly and weak-kneed who know they don't have it all together and are too proud to accept the handout of amazing grace.

It is for inconsistent, unsteady disciples whose cheese is falling off their cracker. It is for poor, weak, sinful men and women with hereditary faults and limited talents. It is for earthen vessels who shuffle along on feet of clay. It is for the bent and the bruised who feel that their lives are a grave disappointment to God..."

All students and young adults are welcome. We meet in the LCM room.

LCM Team meeting

Tuesday, October 2 at 7 p.m. We'll meet in the kitchen area. Anyone who has interest in ministry to college students and young adults is very welcome. Questions? Patti Frey 805-235-1938.

Free dinners resume...

weekly, beginning on **Wednesday, October 3 at 6pm**. Did we say free? We did! All students and young adults are welcome.

If you'd like to provide food, call Rebecca Keisler (805-543-4259) or Sandy Rowland (805-439-1635).

Free BBQ...

Sunday, October 14 at noon. Yum, yum!

Adopt-a-Student

What is Adopt-a-Student? It's an opportunity for Mt. Carmel community members to provide support to students. How? Invite your student for a home-cooked meal. Offer the use of your washer and dryer. Meet for coffee... the options are endless.

BROWN BAG GROUP, Friday, October 12, Noon Experience Holden Village

Guest speaker, Karen Petersen, shares her experience from this past summer as volunteer staff for three weeks in the Village. Many of you have been there; many would like to go. This may prompt you to sign up to be a guest or volunteer staff. Either way, it is an experience you will never forget.
BYO-Lunch



MIDDLE SCHOOL YOUTH GATHERING

November 16-18, 2018 - Woodland Hills, CA

Come join 300 Christian youth for a weekend where we build up our faith. Speakers, music, workshops and worship help us understand the roles we play in God's created world. A day at Universal Studios and Hotel Night Life make the experience complete. The cost is \$200 per youth.

Contact Monica at mjholman@calpoly.edu for more information.

2018 HIGH SCHOOL GATHERING

November 9-11, 2018- Luther Glen Camp, Oak Glen
"Dream Team? Who, Me?
Discovery Your Place on God's Team"



CALLING ALL 6th-8th GRADERS!!

CONFIRMATION CLASS BEGINS SEPTEMBER 30th
11:00AM in the CAT ROOM

We will be starting a new "Collaboration" Lutheran History and Confirmation Class. The class will be offered for **all 6-8th graders** and will include a confirmation tract and weekly Sunday classes. Unit 2 Curriculum will include, learning who the Reformers were, Luther's Small Catechism, the Ten Commandments, Apostles Creed, Lords Prayer and the Sacraments.

Attend weekly or when you can, all are welcome.
Contact Dave Parkinson, parkinson49@gmail.com or John Keisler, rebjohn50@hotmail.com, 805-543-4259.



Date	Lectors	Assisting Ministers	Sound Board	PowerPoint
	Coordinator	Coordinator	Coordinator	Coordinator
			Marshall Pihl	Marshall Pihl
Sept. 30	Bob Grosse		Marshall Pihl	Dave Parkinson
October 7	Allison Schultze		Marshall Pihl	Linda Schultze
October 14	Monica Holman		John Perreault	Dave Parkinson
October 21	Kathleen Gremel		Marshall Pihl	Carol Grosse
October 28	Jess Bathke		John Perreault	Caleb Holman or Matthew Moersdorf

Altar Guild	
October 7	Maureen Dresp
October 14	Mollie Smith
October 21	Dorothy McCoid
October 28	Pat Forrest
Next Altar Guild Meeting is on December 13, 2:00pm	

FRIDAY MORNING OFFICE VOLUNTEERS

- Oct. 5 Dorothy McCoid
- Oct. 12 Carol Winger
- Oct. 19 Maureen Dresp
- Oct. 26 Pat Forrest
- Nov. 2 Dorothy McCoid
- Nov. 9 Carol Grosse
- Nov. 16 Maureen Dresp
- Nov. 23 Pat Forrest
- Nov. 30 Carol Winger

*Reminder:

If you are unable to serve, please notify your coordinator and the church office of your substitute as soon as possible.

GOOD NEWS! Supply pastors in our midst...

- September 30- Pastor Wendell Brown
- October 7-Pastor John Rollefson
- October 14-Pastor Kurt Christenson
- October 21- Richard Rollefson
- October 28- Richard Rollefson
- Pastors John Rollefson and Richard Rollefson will be long- term supply pastors Mid-October through Christmas.

THE GATHERING SPOT

The breezeway/ storage area outside Quist Hall has been repurposed into a area to read, study, hang-out and gather. Thanks to Tony Bloodworth and members that saw a need, this otherwise eye-sore is now a quiet place to enjoy. (And the new home to long lost portions of our stained glass windows.) MCLC Library is located just inside the door to peruse, read, and borrow. Wifi is available.

The Gathering Spot is available whenever the office and/or church is open.
COME CHECK IT OUT!





The People's Kitchen of San Luis Obispo

Mt. Carmel serves again on October 5th at Prado Day Center.

Volunteers: Thank You, and be sure to check the schedule below for what is needed.

The following are signed up for:

2 lg cans fruit	Tina Muller, Jennifer Bobell,
Hot dish-serves 12+	Rachel Mann, Kathy Towle, Pat Forrest. Ruth Rollefson, Jean/Jack Senter, Janis Sexton
2 gal whole milk	John Keisler, Julie Martin
Salad serves 12+	Karen Columbo, Kathy Meyer, Judy/Walt Bremer, Jan Uder

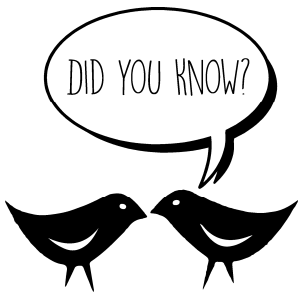
Please have to the church no later than 11:00am, or deliver to Prado by 11:45am. Stay and help serve!

If you are unable to provide this month, please find your own substitute and let the office know in advance.

Looking ahead to November sign-ups:

2 lg cans fruit	Rebecca Christensen, Jan Uder
Hot dish-serves 12+	Sid/Beryl Bennett, Linda Lex, Sue Cummings, Sandy Rowland, Judy Tewell, Shielah Tietje
2 gal whole milk	Jess/Pat Bathke, Ro Cannon-Milller
Salad serves 12+	Dorothy Adams, Karen Almas, Karen Bockleman, Diana Rheinisch

Please find your own substitutes if you cannot provide this month.



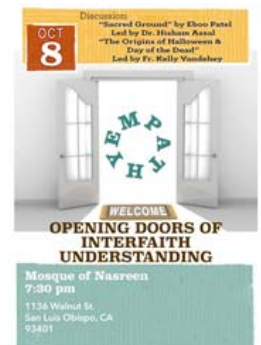
Mt. Carmel volunteers provide a hot meal for People's Kitchen on the first Friday of each month. If you would like to provide a hot dish, salad, milk or canned fruit with 12 hearty servings three times in the next year (and you're not already a volunteer) please contact the church office (805)544-2133.

**LOOKING FOR NEW PEOPLE TO HELP MAKE CALLS, SERVE, PROVIDE FOOD.
CAN YOU HELP?**

Dear friends,

I invite all of you to the Mosque of Nasreen, 1136 Walnut St., on October 8 at 7:30pm, for what promises to be an outstanding gathering. Dr. Hisham Assal from the Mosque will be leading a discussion on the wonderful book "Sacred Ground" by Eboo Patel. As usual, he will be presenting excerpts from the book for those who have read it, as well as for those who have not. We are very honored to have Fr. Kelly Vandehey from Mission San Luis Obispo speaking on the Origins of Halloween and Day of the Dead. Refreshments and fellowship will follow. You may want to wear socks as we will be removing our shoes, and there will be plenty of chairs for everyone. I am very much looking forward to seeing all of you!

Blessings! Rev. Luanne Griguoli





1 Dianne Draze	10 Jack Moen
3 John Keisler	10 Daniel Schultze
4 Barbara Jauregui	13 John Rollefson
5 Danielle Dong	17 Kelly Lund
5 Monica Holman	20 JoAnn Bennett
6 Marc Frey	20 Susan Bouvette (Price)
8 Mike Lund	24 Bill Almas
8 Dave Parkinson	



10-10-70	Mike & Val Lund
10-06-06	Sven Hammer & Kathryn Winfrey
10-17-87	John & Rebecca Keisler

**Please let us know if we missed your birthday or anniversary*

The Christ In Our Home

Devotion books for next quarter, beginning October 1, are available in the Narthex in both regular and Large Print versions. Please help yourself to copies for friends at home or hospital that you might visit.

CHANCEL FLOWERS

If you would like to recognize someone special or a special anniversary please consider sponsoring flowers to enjoy during Sunday worship

Each bouquet is
\$27.50 or \$55.00.

Chancel Flowers

Chancel Flowers



Thank you,
Jeanie Schultz
Altar Guild



PRAYING FOR OUR CHURCH COMMUNITY:

October 7-Ian, Rachel, Brooklyn, & Khloe Mansell; Diane & Ryan Mansell; Steve, Julie & Jennifer Martin

October 14- Lianne Martinelli; Jim & Bev Maul; Dorothy McCoid

October 21-Wendy & Bob Meier; Kathy & Dean Meyer; Jeanne Miller

October 28- Jack & Roberta Moen; Margaret O'Neill, Stephen, Makenna, Sherri, & Dave Parkinson

Ongoing prayers of support and improved health:
Bob Christenson, Sally Egan, Rueben Garcia, Betty Ann Quist, Jean & Jack Senter, Michael Dresp.

*From Bob & Mary Christenson...
Thank you for your thoughts,
prayers, calls and visits. Your
love sustains us through all these days.*

*To Mt. Carmel Family
I sincerely thank you for the beautiful
cards and kind thoughts I have been
receiving. I am healing and look forward
to soon be back for services.
Lovingly, Betty Ann Quist*



Mount Carmel Staff

Supply Pastors

*Director of Children & Teens Ministry
Organist*

*Director of Contemporary Music
Custodian*

Paul Woodring

Dave Becker

Tony Bloodworth

Jenice Twomey & Karen Petersen

Parish Administrator

Church Office Hours 9:00–noon Monday- Friday

Phone 805-544-2133

Email: info@mtcarmelslo.org

www.mtcarmelslo.org

Mt. Carmel

LUTHERAN CHURCH

1701 Fredericks St.
San Luis Obispo, CA 93405

Phone: 805-544-2133
Email: info@mtcarmelslo.org

Gather, Grow, Go

CALLING ALL KEYS!!

Do you have a key to any of the church doors/locks?

Please contact the church office so that we can inventory who has which? Include key #

Email info to:
info@mtcarmelslo.org



Southwest California Synod/Mt. Carmel
Evangelical Lutheran Church in America

God's work. Our hands.



lutheran campus ministry

MT. CARMEL LUTHERAN CHURCH † SAN LUIS OBISPO, CA
LCM Dinner and bible study: Wednesdays starting at 6pm

Middle and High School families gather at Port San Luis for the traditional 'Let's start the year of with a bonfire.' Great day, great people, lots of great food!