

November 2018

All Saints' Day,

helping up my mother from her mother's grave.

— Jim Liguri

The first Sunday in November - All Saints' - is dedicated to remembering loved ones who have died. It means that our gathering on this day is permeated by the reality of loss and death. Why do we intentionally choose to focus on something that is the source of pain? We do so because there are many forms of death - transitions, changes, passages - sometimes chosen, sometimes not. With all of these there is a sense of loss and accompanying sadness over what is no more. The power of death may lead us to despair or denial.

But on All Saints' Sunday we remember something beyond our grief. We remember with God. The pain we feel is the shadow cast by the light of love, the wound of grief a reminder of the goodness and preciousness of life. We do not only recall the loss we feel now, but the love we shared.

God does not promise us that we will escape death or the wounds of loss and grief. Instead, in and through the cross of Christ, what we have been promised is that the power of death over our lives has been overcome. To remember with God is to confront both the death-obsessed and death-denying world we live in. We can remember because we trust that God holds all things in hands of healing and that nothing and no one in God's keeping is ever lost or forgotten.

Peace,
Pastor Richard Rollefson

Welcome Pastor Richard and Cyndi Rollefson

Pastor Richard Rollefson has served churches in the San Francisco Bay area, Wisconsin and southern California, and was Campus Pastor at Pacific Lutheran Theological Seminary in Berkeley. Most recently, Richard served as an Intentional Interim Minister in Palm Desert, Los Alamitos and Newport Beach. Cyndi is a retired Special Education Teacher and School Guidance Counselor. Richard and Cyndi are happy to be part of Mt. Carmel Lutheran.

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Sunday Worship at Mt. Carmel

Sunday Worship Service

9:30am

Holy Communion

Education Hour 11:00am

Join us for coffee on the patio immediately following the service.

Dear Ones All, Family and Friends,

Our long plans of downsizing are being accomplished. We are now at The Samarkand, our new home in Santa Barbara. We have a two bedroom apartment with

views of trees and hills out every window. It is a place of life long care operated by the Swedish Covenant church. Hospitality is their watchword.

The move came in a whirlwind of selling the house and managing Dr. appts. for Bob. Due to bladder cancer he needed transfusions and even an operation in late Sept. after a scan showed that the cancer had spread. Kurt and Colleen brought us down to S.B. on Oct. 7th after a beautiful blessing at our church in SLO. Kurt, Colleen, Jon and friends galore worked endlessly to pack and move us. We would be dead in the water without all their help. We feel right and good about being in our new place, beautiful grounds on 16 acres. The packing boxes cry to be cleared away, it will just take time.

Santa Barbara has a very new Cancer Center called Ridley-Tree, a part of the Sansum Clinic. Last week we saw two Drs. All the Drs. confer, making us feel cared for in strong ways. Bob had a port inserted and on Oct. 29 he begins chemo. Think of him with thoughts of healing liaht.

From the day we signed on to come to The Samarkand, we have been given blessing upon blessing of affirmation. The house sold to the first couple who came to look, all the inspections were timely and loads of "goods" went to family and friends as we cleared out a life time of articles and memories. We could write an epistle as the caring continues. I get chills thinking about it. In the midst of all, God is with us.

We wish each of you well. Here is a quote sung at our farewell, with the children ringing bells, "May our loving God guide thee, guard thee, over hill and deep sea: one we'll always be: one in faith, one in hope, one in fellowship of love."

Deep Peace and Great Love, Mary and Bob



Mary and Bob's new address is available in the church office and posted on the kiosk of the narthex.

ADULT FORUM

The Adult Forums will continue at the Educational Hour, 11:00am, after the worship service through November and December. Plans call for finishing the series on the Book of Ruth on November 4th and having a series on the Gospel of Matthew—basis of the gospel readings during the next church year beginning with Advent season,

starting later in November.

There is still room for a few short topics if anyone has a suggestion—just let the Adult Ed team know.





MCLC BOOK CLUB-SUNDAY, DEC. 9, 6:00PM Travels with Charley, in Search of America By John Steinbeck



We are taking the month of November off so Karen can travel and catch up on her reading. Join us in December for **GROUP** delicious snacks and lively conversation. Meeting in the home of Karen Petersen.

STEPHEN MINISTRY

Are you, or someone you care about, going through a difficult time—emotionally, physically, financially, spiritually? Consider letting a Stephen Minister help. A Stephen Minister is a Christian layperson who is trained to listen, care, encourage, pray and walk alongside someone during

difficult times. It's confidential, free, and helpful.

Call the Church Office 805-544-2133 or Stephen Leader, Sandy Rowland 805-296-9609



Lutheran Campus & Young Adult Ministry

Adopt-a-Student

What is Adopt-a-Student? It's an opportunity for Mt. Carmel community members to provide support to students. How? Invite your student for a home-cooked meal. Offer the use of your washer and dryer. Meet for coffee... the options are endless. Talk to Patti Frev for more information.

SLO COUNTY BAND CONCERT BENEFITTING THE HOMELESS SHELTER (PRADO) "THANK YOU FOR THE MUSIC"

NOVEMBER 18, 2018, 3:00PM -MCLC SANCTUARY

Come support the Band, \$10 (suggested donation) taken at the door to support the Prado Homeless Shelter. This is the 24th annual concert raising money that directly impacts the homeless men, women and children in our community. And it is a fun afternoon of music. Our own Bob and Carol Grosse are long time members of the Band.

Special quest: Andy Morris, KVEC "First Look" host. More info is available at www.slocountyband.org



BROWN BAG GROUP, November Canceled but...

It's the Holidays...

Looking at the calendar and realizing that November is waaay to full to handle another event, the Brown Bag "field trip" to the Cold Canyon Landfill will be postponed until Spring. I am sure many of you are wondering why would anyone want to go on a field trip to the landfill? After having the Director of Waste Management come speak to us regarding what happens to all our trash and recyclables, it was decided it would be very informative to see where it all ends up and is sorted. Watch future newsletter, and come join us, for what could prove to be a very interesting experience.

In the meantime, mark your calendars for Friday, December 14, noon, for the Annual Swedish Meatball Extravaganza. Details will follow in a few weeks....





NOVEMBER HIGH SCHOOL YOUTH SCHEDUL

November 4- Regular High School Youth Group (Preschool Room)

November 11-NO MEETING due to 3-day week end and some of us going to the Synod Youth Team retreat

November 18-Regualr High School Group with quest teach Ingrid!

November 25-NO MEETING due to Thanksgiving weekend

The high school group had a great October, with weekly meetings starting back up in the preschool room, and a service project serving lunches to people downtown. In November, three members of our group will be heading down to Luther Glen for a retreat with the Synod Youth Teams of the Southwest California and Pacifica Synods. Looking forward, we've got our Children and Teens Sunday coming up on December 9, and winter retreats in early February. We are blessed to have a great group of teenagers at Mt. Carmel!

MIDDLE SCHOOL NEWS

At the middle school level, the Confirmation students are loving their lessons taught by Dave Parkinson and John Keisler. Look for our Confirmation students during the service one Sunday per month throughout the year as they learn the

ropes of the behind-thescenes work that goes into every Sunday's worship services. A big thanks to Mollie Smith, who in October let our young crew shadow her and learn all about altar guild!



BIBLES FOR 3-YEAR OLDS AND 3RD GRADERS

Bibles will be presented during the church service on November 4th. Please take a minute to sign the Bibles in the Narthex.

				Communion	
Date	Time	Acolytes	Coffee Servers	Assistants	Greeters
		-	Coordinator	Coordinator	Coordinator
			Carol Harvey	Church office	Church office
Nov. 4	9:30 AM		Jack&Roberta Moen	Nancy Priddy	Pat Forrest
				Lisanne Martinelli	
				Jenice Twomey	
				Anneka Moersdorf	
Nov. 11	9:30 AM		Ro Cannon-Miller	Rebecca Christensen	John Keisler
			Vicky Tway	Janis Sexton	
				Michael Dresp	
				Sherri Parkinson	
				John Cook	
Nov. 18	9:30 AM		Carol Harvey	Jenice Twomey	Ro Cannon-Miller
				Maureen Dresp	
				Anneka Moersdorf	
				Mark Twomey	
				Makenna Parkinson	
Nov. 25	9:30 AM		Steve&JoAnn Bennett	Diane Mansell	Pat Forrest
				Nancy Cook	
				Karen Petersen	
				Jenice Twomey	
				John Cook	
Dec. 2	9:30 AM		Sid&Beryl Bennett	Nancy Priddy	JoAnn Bennett
				Lisanne Martinelli	
				Sherlyl Huffaker	
				Rebecca Christensen	

USHERS

Coordinator-Je jnpbath@chart				
1st Sunday	John Sexton			
2nd Sunday	2nd Sunday Bob & Carol Grosse Linda Schultze			
3rd Sunday	Alan Estes	Mike & Val Lund	Dorothy Mccoid	
4th Sunday	Carol & Donley Winger	Pat Forrest	Andy Frokjer	

Substitute ushers: Bill & Karen Almas, Diane Mansell, John Rebecca Keisler

Date	Lectors	Assisting Ministers	Sound Board	PowerPoint
	Coordinator	Coordinator	Coordinator	Coordinator
November 4	Carlyn/Lily Hinds		Marshall Pihl	Linda Schultze
November 11	Bob Grosse		John Perreault	Dave Parkinson
November 18	Allison Schultze		Marshall Pihl	Carol Grosse
November 25	Bob Grosse		John Perreault	Caleb Holman &
December 2	Carlyn/Lily Hinds		Marshall Pihl	Matthew Moersdorf Linda Schultze

Altar Guild			
Maureen Dresp			
Vicky Tway			
Dorothy McCoid			
Pat Forrest			
Jeanie Schultz			

Next Altar Guild Meeting is on December 13, 2:00pm

FRIDAY MORNING OFFICE VOLUNTEERS

Nov. 2	Dorothy McCoid
Nov. 9	Carol Grosse
Nov. 16	Maureen Dresp
Nov. 23	Pat Forrest (Check with office)
Nov. 30 Dec. 7	Carol Winger Dorothy McCoid

*Reminder:

If you are unable to serve, please notify your coordinator and the church office

MOUNT CARMEL COUNCIL MEMBERS

President	Glen Priddy
Vice President	Claudia Coughran
Treasurer	Sherri Parkinson
Secretary	Jenice Twomey
Members at Large	JoAnn Bennett
	John Merrill
	0 1 5 1 1

Sandy Rowland
Matthew Schultze

Val Lund

Heartfelt	
TO OUR VOLUNTEE	RS!

Mount Carmel Lutheran Church

1701 Fredericks Street San Luis Obispo, CA 93405

October 28, 2018

Dear Brothers and Sisters in Christ,

As you are most likely aware, after garnering your feedback, last month your Council voted unanimously to re-engage with Turning West. Your feedback and **participation is critical to this process!** To that end, Deb Prieto from Turning West will be conducting a *Congregational Gathering* every time she meets with us. The first one is scheduled for **Nov. 2nd from 6** – **8:30pm** with subsequent gatherings in early January, February, and March. (Dates to follow)

Here's what you need to know...

We will begin our work with Deb Prieto at a Congregational Gathering on Friday, Nov. 2nd from 6:00-8:30 pm!

Please fill out the attached values sheet and bring it on Nov. 2nd. Highlight 5 values that represent Mt. Carmel at our best and be ready to share a story for each value you highlighted. These can be a bit aspirational but they need to be true of our community. If you will not be present on Nov 2nd, you may send this with someone else that evening or email them to info@mtcarmelslo.org (See attached)

The Norms and Community Building Teams are almost formed. Thank you for your patience and participation in this process. As soon as the teams are complete, they will be shared with you all.

We, the Mt. Carmel Congregational Council look forward to working together with YOU, the Mt. Carmel members, as we move forward through this process. Your voice is very important! Please continue to participate!

Thank you for your continued prayers and support as we work together to become God's hands in the world. As always, please don't hesitate to contact any of us with questions, comments, or concerns.

In Christ.

Your Church Council

Glen Priddy Claudia Coughran Sherri Parkinson
Jenice Twomey Matthew Schultze JoAnn Bennett
Val Lund Sandy Rowland John Merrill

VALUES CHECKLIST

Organization Name: Mount Carmel Lutheran Church Date: November 2, 2018

□Achievement	□ Directness	☐ Heart
☐ Accountability	□ Discernment	☐ Helpful
☐ Adventure	□ Discipline	☐ Honesty
□ Appreciative	☐ Discretion	☐ Honorable
☐ Assertiveness	☐ Discovery	☐ Hope
☐ Authenticity	□ Drive	☐ Hospitality
☐ Autonomy	Duty	☐ Humility
□ Balance	☐ Education	☐ Humor
☐ Beauty	☐ Effectiveness	☐ Imaginative
☐ Brilliance	☐ Efficiency	☐ Immovable
☐ Bravery	□ Elegance	☐ Independenc
□ Candor	☐ Emotional	☐ Individuality
☐ Carefulness	Intelligence	☐ Ingenuity
☐ Caring	☐ Empathy	☐ Initiative
☐ Challenge	☐ Empowerment	☐ Inspiration
□ Class	□ Endurance	☐ Integrity
☐ Coaching	☐ Enlightenment	☐ Intelligent
☐ Collaboration	☐ Equality	☐ Intuition
☐ Communication	□ Ethical	□ Joy
☐ Compassion	□ Excellence	□ Just
☐ Confidentiality	□ Execution	☐ Kind
□ Conflict	□ Excellence	☐ Knowledge
Effectiveness	□ Expertise	☐ Lasting
□ Congruency	☐ Faimess	☐ Leadership
☐ Consistency	□ Faithful	☐ Learning
☐ Courage	☐ Fearless	☐ Legacy
☐ Credibility	☐ Fidelity	
☐ Community	☐ Financial	☐ Liberty ☐ Listening
□ Competence	Accountability	☐ Logic
☐ Cooperation ☐ Conviction	☐ Flexibility ☐ Focus	☐ Longevity ☐ Love
☐ Cultural	☐ Follow-up	☐ Love
Competency	☐ Forgiveness	☐ Malleable
☐ Curiosity	☐ Formidable	Wallcaulc
☐ Creativity	☐ Freedom	
☐ Daring	□ Fresh	
☐ Decisiveness	□ Fun	
☐ Dedicated	☐ Generous	
☐ Delegation	☐ Generous ☐ Genuine	
	☐ Grace	
□ Delight □ Dependebility	☐ Grace	
☐ Dependability ☐ Determination	☐ Grantude	
☐ Devotion		
	☐ Happy	
☐ Dignity	☐ Harmony	
□ Diligence	☐ Health	

Mastery		Safety		Zeal
Meaningful		Self-Aware		Zest
Meekness		Self-Reliance		Zen
Merciful		Sensitivity		
Modesty		Servant Leadership		
Motivation	_	Service		
Neat		Simplicity		
Neighborly	_	Smart		
Nerve		Stable	_	
Nimble	=	Strategic Thinking		
Noble		Strength		
Non-Conforming		Synergy		
Nurturing		Tact		
Obedient		Teaching		
Objective	_	Teamwork		
Open Mindedness		Tenacity		
Optimistic		Thankfulness		
Organization		Thrift		
Original		Time Management		
Passion		Thoughtfulness		
Peace		Tidiness		
Performance		Thoroughness		
Perseverance		Timeliness		
Persistence		Tradition		
Persuasion		Transcendent		
Philanthropy		Transparency		
Piety		Trust		
Planned		Truth		
Playfulness		Understanding		
Polite		Uniqueness		
Precision		Unity		
Professional		Valiant		
Prudence		Victorious		
Public Relations		Vigorous		
Reason		Virtuous		
Recognition		Visionary		
Reform		Vivacious		
Resiliency		Wholesomeness		
Resourceful		Winning		
Respect		Wise		
Responsiveness		Witty		
Reverence		Wonder		
Sacredness		Worthy		
Sacrifice		Youthful		

From our Stewardship Ministry Team...

The Scripture does not forbid debt or borrowing. Nor does it in any way encourage us to borrow or to go into debt. In fact, debt in the Bible is frequently referred to in a negative connotation. To go into debt without the ability to repay or a plan for repayment is actually presuming upon the grace and goodness of God.

Honesty and integrity - especially concerning our debts - should be the hallmark of every Christian. How we handle our financial obligations can and does speak volumes to our family, friends, and business associates. That's why the Psalmist added this striking contrast to his description of the wicked person who borrows and fails to repay: "... the righteous are generous and keep giving."

In his instructions to Christians at Thessalonica, the Apostle Paul urged them to walk in an honest manner, especially with respect to those outside the church. When we pay our debts, when we live lives marked by integrity and honesty, then we literally fulfill Matthew 5:16. Our good works (including paying our debts) shine as lights in the world, which others see and in turn glorify God in heaven.

Or as Larry Burkett put it, "Money merely reflects to the outside world what is going on inside each of us." And that is nowhere more apparent than in how we deal with our debts.



The People's Kitchen of San Luis Obispo

Mt. Carmel serves again on November 2nd at Prado Day Center.

Volunteers: Thank You, and be sure to check the schedule below for what is needed.

NOVEMBER PEOPLE'S KITCHEN SIGN-UPS, Please have your clearly marked items at church by 11:00am, (heated and ready to go)

2 lg cans fruit Rebecca Christensen, Jan Uder

Hot dish-serves 12+ Sid/Beryl Bennett, Linda Lex, Sue Cummings, Sandy Rowland, Judy Tewell,

Shielah Tietje

2 gal whole milk Jess/Pat Bathke, Ro Cannon-Miller

Salad serves 12+ Dorothy Adams, Karen Almas, Karen Bockleman, Diana Rheinisch

Looking ahead to December sign-ups:

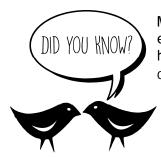
2 lg cans fruit Margot Hemmersbach, Dorothy McCoid

Hot Dish-serves 12+ Steve & JoAnn Bennett, Wende & Kevin Dong, Jeanne Eggert, Laura Krueger, Sherri

Parkinson, Mollie Smith

2 gal whole milk Beverly Gingg, Carol Grosse

Salad serves 12+ Sus Haas-Clark, Carol Harvey, Rebecca Keisler, Marci Lippold



Mt. Carmel volunteers provide a hot meal for People's Kitchen on the first Friday of each month. If you would like to provide a hot dish, salad, milk or canned fruit with 12 hearty servings three times in the next year (and you're not already a volunteer) please contact the church office (805)544-2133.

LOOKING FOR NEW PEOPLE TO HELP MAKE CALLS, SERVE, PROVIDE FOOD.

IGLESIA LUTERANA SANTA CRUZ

The weatherman predicted RAIN in the near future!

That's our que at Mount Carmel to replenish the pantry at Iglesia Luterana Santa Cruz.

The Social Action Team invite you to join us in our annual food collection for Santa Cruz, our Mission Church in Santa Maria.

Following are the Sunday dates that we will bring specific items to replenish the pantry.

November 4 - flour, wheat or masa

November 11 - canola oil

November 18 - laundry detergent

God blesses each of us with so much bounty let us pass it on.

Lets fill the grocery cart each week to overflowing.





- 5 Cheyenne Miller
- 6 Ben Uder
- 7 Katy Moersdorf
- 8 Jean Senter
- 11 Burke Towle, Jr.
- 12 Charles Dellinger
- 12 Olivia Dong
- 14 Brandon Lippold
- 16 Pastor John Cummings
- 16 Caleb Holman
- 19 Walt Rehm
- 20 Ed Jaster
- 29 Pat Forrest
- 30 Jeanie Schultz

*Please let us know if we missed your birthday!



Bob & Carol Grosse Wersary November 23, 1963

CHANCEL FLOWERS

If you would like to recognize someone special or a special anniversary please consider sponsoring flowers to enjoy during Sunday worship

Each bouquet is \$27.50 or \$55.00.

Thank you,

Jeanie Schultz

Altar Guild



PRAYING FOR OUR CHURCH COMMUNITY:

Nov. 4-Chris, Brittany, Reagan & Gavin Nicol; Joan Pedersen; John Perreault & Claudia Coughran; Karen Petersen

Nov. 11-Joel & Debbie Peterson, Elyse & Kyle Peterson; Marshall & Marj Funk Pihl, Sarah and Riley Pihl; Glen & Nancy Priddy.

Nov. 18-Steve, Cynthia & Annie Quist; Pat Ramsay; Ryan, Martha, Keilani and Andre Reck.

Nov. 25-Sally Reck; Walt & Helen Rehm; John & Ruth Rollefson.

Ongoing prayers for: Claudia Coughran, Bob Christenson, Ruben Garcia, Jeanie Schultz, Sally Eggen.



Mount Carmel Staff

John Rollefson Long Term Supply Pastor Richard Rollefson Long Term Supply Pastor

Paul Woodring Organist

Dave Becker Director of Contemporary Music

Tony Bloodworth Custodian

Jenice Twomey & Karen Petersen Parish Administrator

<u>Church Office Hours</u> 9:00—noon Monday- Friday Phone 805-544-2133

Email: info@mtcarmelslo.org www.mtcarmelslo.org

Our pastoral staff is here for you.

In time of crisis, please contact the church.



ADDRESS SERVICE REQUESTED

1701 Fredericks St. San Luis Obispo, CA 93405

Phone: 805-544-2133 Email: info@mtcarmelslo.org

Gather, Grow, Go



Southwest California Synod/Mt. Carmel Evangelical Lutheran Church in America

God's work. Our hands.



Russ Anderson Army Air Corps (Tail Gunner) 1943-45

> Jess Bathke Army Signal Corps 1954-56

Erik Bruhn Calif. National Guard (Career Officer) 1979-2011

Heidi Broadmarkle Bruhn Calif. National Guard (Career Officer) 1990-2018 Ed Dresp Air Force 1966-70

Bob Grosse Navy (Career Officer) 1958-78

Carol Grosse Navy Nurse Corps 1960-62

> Dean Meyer US Navy 1966-70

Jack Moen Army Reserve 1957-66

Glen Priddy Army (First Division) 1971-73

Warren Quist Army Air Corps (Pilot) 1943-45 Dental Corps 1950-53

> Norm Smith US Naval Reserve 1969-71

> > Phil Twomey US Navy