

Welcome to Mt. Carmel!

What a pleasure it is to worship together! We hope that the information on this page will help to make your worship experience comfortable.

The "Connection Card" which is inserted into this bulletin serves two purposes. Side One is our means of keeping up with you through the mail (both email and posted mail). Side Two is how we learn of your prayer needs. Please follow the instructions on the card and let's connect! Members, please provide your name, but only fill in contact information if there has been a change.

Holy Communion is a sacrament in which we believe Jesus is truly present. All who feel called by the Spirit are welcome to Christ's table. The ushers will direct you forward via the side aisles and kneel or stand at the altar rail. Open your hands to first receive bread. **Gluten-free** wafers are available; please advise the pastor of your preference when you come forward during communion. After you have received bread, indicate to the assisting minister if you would prefer an individual glass of wine or grape juice, or the Common Cup of wine. After receiving, you may stay at the altar rail for a moment to pray, and then return to your seat. If you are unable to come forward for communion but would like to receive it at your seat, please indicate so to an usher.

For Little Ones:

Goody bags hang on a small rack in the lobby. They contain toys and other things to keep children engaged during worship. Grab one and enjoy!

The Cry Room is available if you'd like a private place to be with your infant or toddler where you can still see and hear the service. It is in the back of the sanctuary and can be accessed through the lobby.

Nursery is open during both services as well as during Sunday School between services. Ask an usher for directions.

Prayground is in the back of the sanctuary for our busy little ones (ages 0-3yrs.) to remain in church with engaging space to play quietly. Please supervise your child.

For the not so little: **Hearing aids** are available behind the sound board on the wall.

If you have any questions or concerns, feel free to ask an usher. May God bless us all as we worship together!

PASTOR: Rev. Valerie Carlson

LUTHERAN CAMPUS MINISTRY PASTOR: Rev. Dan Carlson

ORGANIST: Paul Woodring

CHOIR DIRECTOR: Ruth Rollefson

CHILDCARE PROVIDER: Hannah Choi

What's Happening at Mt. Carmel LUTHERAN CHURCH

Sun. Mar. 19	8:45 AM	Traditional Worship
	10:00 AM	Adult Forum/Sunday School
	11:00 AM	Contemporary Worship
	4:30 PM	Confirmation
Mon. Mar. 20	10:00 PM	Pancake Palooza!
Tue. Mar. 21	7:00 PM	NA
Wed. Mar. 22	5:30 PM	Praise Band Rehearsal
	6:00 PM	Soup Supper
	7:00 PM	Lent Service
Thu. Mar. 23	11:00 AM	Staff Meeting
Fri. Mar. 24	8:00 AM	Friday Morning Garden Club
	10:30 AM	Bible Study
Sat. Mar. 25	8:00 AM	Men's Breakfast/Bible Study
Sun. Mar. 26	8:45 AM	Traditional Service
	10:00 AM	Adult Forum/Sunday School
	11:00 AM	Contemporary Service
	4:00 PM	ICH Homeless Coalition
	4:30 PM	Confirmation

To reach Pastor Valerie:

805-776-3377 or pastor.valerie.carlson@gmail.com
Office Hours: Tues. (11am-1pm) & Thurs. (12:30pm-3pm)

To reach Pastor Dan:

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Mt. Carmel LUTHERAN CHURCH

March 19, 2017
8:45 AM Traditional Worship
3rd Sunday in Lent

1701 Fredericks Street, San Luis Obispo, CA 93405
805-544-2133
www.mtcarmelslo.org

Lutheran Campus Ministry
805 776-3707

WHAT TO EXPECT IN WORSHIP TODAY

We Gather As A Community of Faith

Organ Prelude: "Prelude on 'Walton'" — Flor Peeters (1903-1986)
Welcome
Prayer of Confession and Forgiveness: ELW p.94
Gathering Hymn: ELW 658 "Oh Jesus, Joy of Loving Hearts"
Greeting ELW p. 138
Kyrie: ELW p. 138
Prayer of the Day

We Hear the Word of God

First Reading: Exodus 17:1-7
Psalm 95
Second Reading: Romans 5:1-11
Gospel Acclamation: ELW p. 142
Gospel: John 4:5-42
Sermon

We Respond to the Word of God

Hymn of the Day: ELW 447 "Oh Blessed Spring"
Prayers of the People
Peace
Announcements

We Share The Lord's Supper

Offering
Offering Response: ELW 186 "Create in Me a Clean Heart"
Offering Prayer
Great Thanksgiving/Dialogue: *ELW p. 144*
Holy, Holy, Holy: ELW p. 144
Thanksgiving at the Table
The Lord's Prayer: ELW p.145
Invitation to Communion: ALL ARE WELCOME!
Communion Song: ELW p.146 "Lamb of God"
Choir: ELW 493 "Taste and See"
Prayer after Communion

Sending

Blessing
Sending Hymn: ELW 807 "Come, Thou Fount of Every Blessing"
Dismissal
Postlude: "Toccata on 'Amzon'" — Gordon Young (1919-1998)

Beyond Sunday Morning Worship

Get on the Bus! To be held on **May 20**, we are again sponsoring a bus full of excited children coming from San Bernadino to visit their dads incarcerated at CMC. Following their visit, they will come to Mr. Carmel for snacks, games, and just time to relax before getting back on the bus to go home. If you would like to purchase a GOTF shirt for yourself for that day, orders need to be placed by **March 21**. The cost is \$12/shirt and must be paid at the time of order. If you want to order a shirt please contact: Nancy Priddy, Jan Uder, or Vicky Tway.



Lent at Mt. Carmel:

Soup Suppers continue this Wednesday (**March 22**) at **6PM**, and will continue each Wednesday through April 5. **Lenten services follow the Soup Supper at 7PM**

We need your help! We need people to be at church at 5PM, each Wednesday, to help set-up, get coffee going, etc.

The **Soup Supper hosted by the Congregation is scheduled for March 29**. We need your help to provide soup, bread, milk, etc. There are sign-up sheets for both of these events in the Narthex. **Questions? Nancy Priddy — 459-9249**

Mark your Calendars! Spring Fling, Sunday April 30th, 2

pm: The Spring Fling fundraiser for Children and Teens is April 30, 2pm at the Tway's residence. You will not want to miss this afternoon of wonderful food, wine, music silent auction and fellowship in a beautiful setting. Tickets are \$20 per person and will be available April 2nd. **Beacon Art Show with Bel Canto Ringers Concert.** Join our neighbors at **SLO United Methodist Church on March 26** to enjoy an art and musical event provided by the talented artists in our community. This event starts at **3PM in the SLO Methodist Church Fellowship Hall**. Questions? **Nancy Cook — 805-440-4510**

Deepest gratitude to the congregation. For making Al's service and reception a beautiful occasion. You are all a true blessing. Sincerely, The Applegarth Family

lutheran campus ministry: Our LCM students will be joining the congregation for Lent Soup Supper and Worship every Wednesday. We will resume dinner and Bible Study in April after Easter.

TODAY: "The Do-It-Yourself Lord's Prayer" The Lenten adult forums will continue based on the devotion book, Free Indeed. Over a lifetime of attending worship services, we have probably each prayed The Lord's Prayer hundreds of times. Therefore, we are each the world's leading expert on what this beloved prayer means to us. So come and bring your thoughts in sharing of what The Lord's Prayer is all about. The discussion will be led by Bob Grosse, with Martin Luther along to help. **Next Sunday's** forum will begin a two-week study of the sacraments of Baptism and Holy Communion. Led by Pastor John Rollefson. **Sunday School Snacks Sign-ups:** Snack providers are needed for April and May. The sign-up calendar is in the North end of the brick area with the dates and what is needed. Donations of crackers, cheese, fruit, cookies etc. (for 25, by 9:30 am, put in the kitchen) are much appreciated. **Easter Eggs:** If you are able to fill some plastic eggs with goodies for our Annual Mt. Carmel Easter Egg Hunt, on April 16, 10 am, please pick up a dozen or two egg cartons on your way home. Filled plastic eggs are due back at the church by April 14th. (No peanut /nut products please) **Spring Fling Silent Auction Items needed:** New or like new condition items as well as gift cards, over-night stays, tickets, wine, antiques, glass ware, collectables, quilts, etc. are needed for the Children and Teens Fundraiser. Other auction items can include special services such as child care, pet walking, special dinners, cookies, or services. For more information on Sunday School, Easter and the Spring Fling, contact John Keisler @ 805-543-4259 / rebjohn50@hotmail.com



WE REMEMBER IN PRAYER:

Carole Wheeler; Beryl Bennett; Russ Jensen; Don Taylor; Teenie Andersen; Jeanne Miller; Dorothy Adams; Jeannie Ledford; The family of Melissa Anderson; Bob Harvey

PRAYING FOR OUR CHURCH COMMUNITY:
Kathryn Winfrey, Donley & Carol Winger, Doug & Pam Wood

THANK YOU WORSHIP LEADERS

Coffee: Bob & Mary Christenson
Communion Assistants: Carlyn Hinds & Nancy Priddy
Assisting Minister: Greg Zocher
Greeter: JoAnn Bennett
Lector: Paula Jaster
Soundboard: John Perreault
Powerpoint: Cliff Baker
Altar Guild: Vicky Tway
Ushers: Glen Priddy, Burke Towle Jr., Kathy Towle, & Carolyn Baker
Alter Flowers: provided by Sheryl and Tony Huffaker.
In loving memory of Tony's father, Tom.